



TIDINGS

August 2022

GROUP OF JOY AUGUST GATHERING

Sign up necessary

The Group of JOY will meet on Tuesday, Aug. 23, at 11:30 a.m. in the Fellowship Hall for a State Fair theme luncheon and perhaps a little State Fair trivia. This group is for anyone 55 years and older. Please let Karen Moeller know by Aug. 18 if you plan to attend. You can either call or text 612-619-3743. In your message, please indicate how many are coming and how many pronto pups (corn dogs) each person would like. If you have any questions, feel free to give Karen a call at the above number.

JOIN US FOR OPEN EYE THEATRE'S DRIVEWAY TOUR PUPPET SHOW

Mt. Carmel is hosting a performance of "Tuckers Robot"

Tucker is a young boy who needs to go back in time to face a group of neighborhood bullies. How do you go back in time? With a time-traveling robot, of course! Together, Tucker and his robot discover the importance of friendship and the courage to face bullies. Full of surprises, a little anger and some really funny characters. Contains puppetry, live music and fun for families and children of all ages.

Date and Time: Thursday, August 4, 6:30 p.m.

Location: Mt. Carmel Lutheran Church, Triangle Park at St. Anthony Parkway and Ulysses St. NE

Instructions: Bring a lawn chair or blanket, neighbors and family!

This community event is free and open to everyone. ALL ARE WELCOME!

JOIN THE FUNERAL COMMITTEE

Are you looking for a volunteer opportunity where there's no rigid weekly commitment and you work with a fun group of people? Then the Mt. Carmel Funeral Committee is looking for you! The committee's service is available to families who have lost a loved one and request a luncheon in Fellowship Hall following a funeral or memorial service. No cooking involved! We set tables, serve a catered lunch and clean up. Have another commitment on the day we ask you to help? No problem, we'll call you the next time. If you have questions or are interested in helping, please call or text LuAnn Swanson at 651-587-1405 or call the church office at 612-781-2796.

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OFFERING OPPORTUNITIES

Please continue to support our congregation with your faithful financial contributions to Mt. Carmel as you are able. There are several ways to give:

- Online by credit card or bank account. Visit mountcarmelmpls.org to give online.
- Mail or drop off your check to the church office.

Your generous support for Mt. Carmel and our ministry is truly appreciated.



MT. CARMEL LUTHERAN CHURCH

We are a faith community participating in the life of God, both as sheer gift to us and as a calling to the neighborhoods of Northeast Minneapolis. We are a multigenerational community that proudly celebrates our history while joining together with younger generations to follow where God is leading. We build our community through faith practices like prayer, dwelling in the Word and hospitality.

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Office hours

Monday-Friday, 10 a.m.-2 p.m.

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Tidings

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Mt. Carmel Child Care

Brenda Wetzel, ext. 107
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**The mission of Mt. Carmel
Lutheran Church and its members
is to learn, live and share
God's Word.**

Ministry Affiliates: Minneapolis Area Synod/ELCA; Northeast Senior Services, Inc.; Little Kitchen Food Shelf; Every Meal; Eastside Meals on Wheels; Plymouth Christian Youth Center; Mission Northeast and Casa de Oracion a las Naciones.

The Mt. Carmel facility is shared with the following community groups:
Scout Troop 132, Cub Scouts, Girl Scouts and Alcoholics Anonymous.

We are an ELCA congregation. All are welcome. Learn more about the ELCA at www.elca.org/About.



PASTOR'S PONDERINGS

After a wonderful turnout and healthy conversation with the bishop of the Minneapolis Area Synod, I thought of this chart. Part of Interim ministry is helping congregations deal continuously with change—change both internal and external to the congregation. When congregations experience change, anxiety increases.

“Change increases anxiety. People who feel pushed into change respond with active resistance as they seek to restore an equilibrium that seems threatened. The give and take, the push and pull, is not always gracious.” —Gil Rendle.

Here are some helpful and healthful ways we can all approach change.

Healthy Vs. Unhealthy Anxiety

Healthy

- Attitude: Conflict is inevitable. It is a chance to grow.
- Personalized: Is clearly able to see the difference between the people and the problems and do not mix the two.
- Communication is open, people speak directly to one another, and everyone has the same information.
- The balance sheet is short. They address the issue at hand, not what happened months or years ago.
- The Church Is INTERACTIVE: There is give and take, an exchange of ideas, and a spirit of cooperation and openness. There is careful listening and thought-out statements.
- Acceptance: Acknowledge the existence of a problem and the need to solve it.
- Timeliness: Resolution takes as much time as needed. The parties take the time to go through the journey together, to experience the pain and to come out together on the other side.

Unhealthy

- Attitude: Conflict is wrong or sinful.
- Personalized: Is quick to mix people and problems together and assume that by changing or eliminating the people, the problem will be solved.
- Communication is diminished, with people only speaking to those with whom they already agree. Third parties or letters are used to carry the message.
- The Balance Sheet is long. A list of grievances grows and examples are collected. People recall not only what they think was done to them, but what was said or done to their friends as well.
- The Church is REACTIVE. It cannot be “touched” without exploding. i.e. I write a memo to you and you immediately fire back a nasty letter to me.
- Acceptance: Tend to ignore the real problems and deny what is going on
- Lack of Time: There is a strong need to solve the problems too quickly. People are very solution-oriented and seek to avoid the pain of conflict by saying, “Let’s get it over with.”

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Pastor Christine

CHILD CARE CENTER



Fun summer pictures from our busy MCCC kiddos!

We have had a wonderful summer at Mt. Carmel Childcare. From a very successful plant sale to our puppet show to lots of fun playing in the sprinkler, park and our outside spaces. We have learned about outdoors, transportation, summer safety and conducted a lot of science projects. We are looking forward to our picnic/potluck on Aug. 11 as we haven't been able to gather as a center for quite some time!

Have a safe rest of your summer, and as always thank you for your support.

Brenda Wetzel, Director

DEATHS

Carol Kwiecien—died June 1
Virginia Schaal—died June 12

WITH SYMPATHY

The Kwiecien Family on the death of Carol Kwiecien
The Schaal Family on the death of Virginia Schaal

GIFTS RECEIVED

UNDESIGNATED MEMORIALS

In honor of all who serve:
Chuck Grider

In memory of Carol Kwiecien: Dave and Debbie Watson, Mary Hamilton, Eric and Elise Forward, William and Jane Hartmann, Margot and Richard Jacobson, Carol and Lloyd Kwiecien, Bill and Kay McReavy, Shirley Ochi-Watson, Carol Panning, Jo Alice Boatright and Steven Ristuben, Richard and Lynn Rossiter, Smith Brothers Decorating Co., Barbara Stallman, Janell and Richard Wampler, Vera Watson, Paul and Donna Watson

MATCHING FUND

In memory of Yvonne Berg:
Audrey Erickson

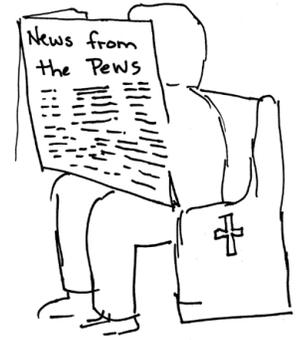
TO THE FOUNDATION

In memory of Carol Kwiecien: Myrna Flatland

In memory of my sister Joyce Hegstrom. Happy Sister's Day: Marlys Hegstrom

NEWS FROM THE PEWS

So many wonderful things are happening at Mt. Carmel this summer and so much more is being planned for the fall. We wanted you to know because, well, it can be hard to keep up. As we come back from the last couple of years there is a renewed energy to do God's work in our church and in our neighborhood. An energy to build our faith and our community. An energy to learn, live and share God's Word. If you have ideas, please share them and if you want to be part of any of the activities below, look in the Congregational Life Directory or reach out to the office. We want and hope YOU will join us.



LEARN

Good Fruits Bible Study
Men's Bible Study
Bible and Brews with Gustavus Adolphus
Social Justice Book Study

LIVE

Outdoor Worship on the Triangle
NE Parade
Young Family Fellowship
Open Eye Theater Puppet Show
Childcare Picnic
Mt. Carmelites Softball
Better Together Picnic with GA

SHARE

June Third Sunday: Eastside Meals on Wheels
July Third Sunday: Circle of Welcome—Refugee Resettlement
Packing Event: Feed My Starving Children

Looking Ahead – We've got lots planned for the fall. We want YOU to join us!

- Aug. 4: Open Eye Theatre Puppet Show at 6:30 p.m. in the Triangle. Open to the public.
- Aug. 13 (tentative): All Church Clean Up
- Aug. 14: "Better Together Outdoor worship at Gustavus; Camp Wapo Send Off
- Aug. 18: Youth Dinner and a Movie
- Aug. 23: JOY Group—State Fair Luncheon
- Aug. 25: Mt. Carmel at the Audubon Farmers Market
- Sept 11: God's Work Our Hands—Better Together with Gustavus Adolphus
- Sept 18: Rally Sunday and Matching Fund Celebration
- Oct. 8: Better Together with GA—Circle of Friends Brunch, Guest Speaker: Janet Letnes Martin
- Oct. 16: Young Family Fellowship

In addition to all of this, the Transition Team completed the Ministry Site Profile and we've met with the bishop of the Minneapolis Area Synod. Our call committee is formed. The GA and MtC team continue to meet to plan for events, worship and community outreach as we strive to be Better Together.

—Barb Hollister and Nancy Nordeen



DINNER AND A MOVIE

Hey youth! Join us for Dinner and a Movie. Thursday, August 18 at 6 p.m. For now, we are limiting this event to just the Mt. Carmel youth. Contact Jenni Lathrop if you have any questions.

SMALL GROUP MEETINGS

Good Fruits Bible Study—
Tuesdays at 2:30 p.m. at Silverwood Park. (Contact Leona Olson at onondave@yahoo.com)

Online Men's Bible Study—
Wednesdays at 6:45 a.m. (Contact Ralph Matthes at marinosdelimpls@gmail.com)

Anti-Racism Book Club—
Every other Thursday at 6:30 p.m. in the Fireside Room (Contact Barb Hollister at 612-590-6469 or bjhollister@comcast.net)

PRAYER CHAIN

To to lift up a prayer concern for the prayer chain, please contact Leona Olson at 612-859-7075.



The lily blossoms in Mt. Carmel's Butterfly Garden shout joy, hope and new life. Enjoy their beauty and experience renewal for your mind and heart by spending quiet moments with them either in person or through this photo. Photo by Janell B. Wampler

TREASURER REPORT: JUNE 30, 2022

Congratulations Mt. Carmel! As of June 30, special gifts towards the matching funds provided by Mt. Carmel Foundation was nearly \$24,000. Without receiving any of the Foundation funds yet, our June income was over and above our budgeted income by \$1,737.55

The congregation faithfully passed a deficit budget of (\$62,709.00) at the annual meeting, and the Mt. Carmel Foundation provided us an opportunity to double our income by pledging up to \$25,000 in matching funds for all special gifts above pledged amounts. This is in addition to their gift of \$15,710 for specified areas of the budget.

Mt. Carmel is well on its way to meeting the challenge and erasing this deficit budget. We still have challenges, but have been blessed with answers and a potential for a positive year end. Join in the excitement to help reach the \$25,000 goal for matching funds and erasing the deficit. We are nearly there after only six months.

June

Actual Contributions/Income
\$20,869.14

Budgeted Contributions/Income
\$18,934.81

Actual Expense
\$27,627.49

Budgeted Expense
\$24,160.03

Actual Income/Expense: (\$6,758.35)

Budgeted Income/Expense: (\$5,225.78)

YTD UPDATE

Actual Income/Expense \$15,568.81

Budgeted Income/Expense: (\$31,354.32)

Please prayerfully consider increasing your giving and planned pledging with a special gift to be matched with Foundation funds. We pray pledges and giving proceeds continue on a healthy trend.

Diane Davis Langer, Mt. Carmel Church Treasurer

NOTES FROM WORSHIP AND MUSIC

While we don't want to tear you away from all that summer has to offer just yet, we'd like you to know that there is a lot going on from the worship and music area to help us all celebrate our Mt. Carmel community.

We offer a lot of opportunities to participate in creating meaningful worship for our expanding community:

Do you play an instrument; like to sing; Do you have a creative soul that's itching to go to work on decorating our worship areas? How about reading scripture or ushering or serving coffee or joining the altar guild? We are also looking at starting a Kids Choir, possibly on Saturday mornings.

Here are some dates already set:

- Worship and Music committee meetings: First Wednesday of the month at 11:30 a.m.
- Outdoor worship with GA on Sunday, Aug. 14
- God's Work, Our Hands: Sept. 11 with GA
- Sept. 7: 6:30 p.m.—Jubilate Bells; 7:30 p.m.—Choir rehearsal
- Sept. 18: Choir sings for 9:30 service. Sunday school classes begin.

Find your niche and come join us as we begin an exciting new year "learning, living, and sharing God's word."

For more information, contact the church office or Ruth Bills, music director, at ruthabills@gmail.com.



MT. CARMELITES FINISH THE 2022 SEASON

We had a fun season even though we had to wear winter coats for the first two games. We did not take a championship this year, but scored more than 100 runs this season and enjoyed more wins than losses. We also enjoyed good times with the team and fan celebrations afterwards.

Thank you to the Mt. Carmel Foundation for sponsoring the team and to our faithful fans for cheering us on.

CONGRATS TO DYLAN EVANS

The Mt. Carmel Foundation is pleased to award Dylan a scholarship to support his post-secondary educational endeavors. It is not too early to consider applying for a scholarship in 2023! Look for more information this fall.

FORGET-ME-NOT

Birthday greetings to each of the members listed below who will reach or surpass the 80th milestone in this month. We pray that God blesses you on your special day and in the year to come.

Aug. 6: Margot Jacobson

Aug. 26: Arlyne Ingebretson

MT. CARMEL COUNCIL

Barb Hollister, President

Karen Matthes, Vice President

Lory Dubbels, Secretary

Diane Langer, Treasurer

Al Erickson

Doug Jones

Dave Larson

Patrick Lathrop

Karen Moeller



Mt. Carmel Lutheran Church

1701 St. Anthony Parkway NE
Minneapolis, MN 55418

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**NEXT TIDINGS
DEADLINE**
August 16

Mt. Carmel Lutheran Church

Interim Pastor

Christine Wenzel

Office hours

Monday-Friday, 10 a.m.-2 p.m.

Sunday worship

9:30 a.m.—Worship in person or
online on Facebook or YouTube.

10:30 a.m.—Coffee Fellowship

Mini-bus Transportation

Call 612-781-2796 to be added to
Sunday's list.

Mt. Carmel Child Care

Brenda Wetzel, Director
612-781-2798



WORSHIP WITH US

Join the Mt. Carmel faith community for worship in person or live on Facebook and YouTube, Sunday mornings at 9:30 a.m.
Worship with us in person or live online. For those unable to worship with us in person, we also broadcasting worship live on Facebook and YouTube. Videos are available to watch at any time after live worship on YouTube.



612-781-2796



office@mountcarmelmpls.org



www.mtcarmel.net



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