

For Week of Jan. 29, 2023

ANNUAL MEETING

Mt. Carmel's annual congregational meeting will be held on Sunday, Jan. 29. We'll meet in the Fellowship Hall following the service. Childcare is available in the nursery. Youth group will not meet today. All Youth are encouraged to come to the meeting. Scan the QR code with your phone to access the report online.



NO SUNDAY SCHOOL AND YOUTH GROUP TODAY

Sunday school youth group will not meet today. **Childcare is available in the nursery**. All Youth are encouraged to attend the annual meeting in Fellowship Hall.

PARKNG RESTRICTION

Minneapolis is going to odd-side parking only until April 1 or until revoked starting tomorrow. Please park on the north side of 31st Ave and on the east side of Ulysses St. and Hayes St.

HELLO, MY NAME IS ...

It's great to be back for in-person worship. Some of us know everyone and some of us really struggle with names and faces. Will you please wear a nametag each Sunday? You can fill one out with the ushers in the Narthex. If you've got your old Mt. Carmel nametag, please start wearing it to church!

THOSE WE ARE PRAYING FOR

- Nick Ralston, former faith formation director, on his ordination today
- Dick Anderson, recovering from shoulder surgery
- Tom, Matt Nordeen's father, recovering from hip surgery
- Val Hendrickson, recovering from hip surgery
- Marilyn, Janell Wampler's sister, whose wound is almost healed and is staying in the health care center.

To include your prayers on this list, contact the church office.

HOMEBOUND AND LONG-TERM CARE

Ethel Antonson, Marlene Black, Lorraine Carlson, Annette Dahl, Gerry Johnson, and Dorothy Warhol

FOUNDATION SCHOLARSHIP APPLICATIONS

The Foundation awards educational scholarships to Mt. Carmel members each year. Applications are due Feb. 28. Pick up a hard copy in the Narthex or contact the office for an e-copy.

PLANNING FOR LENT

Ash Wednesday is Feb. 22. Gustavus Adolphus will join us here for a service at 6:30 p.m. If you have palms from last year, please bring them back to church. They will be burned on Fat Tuesday, Feb. 21. Leave palms in the bin on the Narthex table on Sunday or in the conference room during the week.





THE 2 MINUTE RULE

Following worship, please take the first 2 minutes to greet someone you don't know. It makes all the difference. And you can still meet up with your friend, even better introduce them to the guest.

CAMP WAPO REGISTRATION OPEN

Scholarships are available for all Mt. Carmel children to attend Camp Wapo this summer. Thank you to the Mt. Carmel Church in Minneapolis Foundation for this wonderful gift! Parents and caregivers, registration is open now and our August 13-18 spots are reserved until February 15th. Please sign up using the link: http://lwlbci.com/mtcarmel-mpls. Contact the office if you have questions.

NEED A RIDE TO CHURCH?

Call the church office (612-781-2796) by noon Friday to let us know you want a ride.

CHILDREN'S WORSHIP ACTIVITY BAGS

Activity bags are available in the Narthex. Feel free to pick one up any time during the worship service. The red bags are geared for preschoolers and the blue bags are geared for elementary school age kids. Please return bags to the box marked Bag Returns.

FELLOWSHIP FEBRUARY

- ONLINE Good Fruits Bible Study—Tuesdays at 2:30 p.m. in the Fireside Room and online. (Contact Leona Olson, onondave@yahoo.com)
- ONLINE Men's Bible Study—Wednesdays at 6:45

 a.m. online. (Contact Ralph Matthes,
 marinosdelimpls@gmail.com)
- Racial Justice Book Study Group—Meets every other Thursday at 6:30 p.m. in Fireside Room and online. (Contact Barb Hollister, bjhollister@comcast.net)

LITTLE KITCHEN VOLUNTEERS NEEDED

Little Kitchen food shelf is looking for volunteers on Wednesday or Friday mornings between 9:30 a.m.noon. For more information contact Myrna at 612-246-7095 or the food shelf director, Lynn, at 612-703-0250.

REMEMBERING TO GIVE

Please continue to support our congregation with your faithful financial contributions to Mt. Carmel as you are able. There are several ways to give:

- Mail your check to the church or drop off in the secure mailbox.
- Online by credit card or bank account. Visit mountcarmelmpls.org/give or scan the QR code for online giving opportunities.



Your generous support for Mt. Carmel and our ministry is truly appreciated.



MT CARMEL LUTHERAN CHURCH

1701 St Anthony Parkway NE Minneapolis, MN 55418 Office Phone: 612-781-2796 Office Email: office@mountcarmelmpls.org





Fourth Sunday in Epiphany January 29, 2023

Congregation parts are printed in **bold**.

Please make sure you have the following items on hand and ready for communion: Bread on a small plate. You may put a cloth or napkin on top if you like. Wine or grape juice (or some other beverage) and small glasses to drink from.

PRELUDE

WELCOME/ANNOUNCEMENTS

GATHERING

CONFESSION AND FORGIVENESS

- P: Blessed be the holy Trinity, + one God, who makes all things new, whose mercy endures forever.
- C: Amen.
- P: Trusting in God's mercy, let us confess our sin.

Silence is kept for reflection.

- P: Holy One, source of our renewal,
- C: we confess that we are wrapped up in sin, and cannot free ourselves. We have not practiced your righteousness. Our hearts have turned away from you. For the sake of the world you so love, forgive us, that we may be reconciled to one another for the glory of your holy name.

Amen.

- C: Amen.

GATHERING HYMN As We Gather At Your Table

- As we gather at your table, as we listen to your word,
 help us know, O God, your presence; let our hearts and minds be stirred.
 Nourish us with sacred story till we claim it as our own;
 teach us through this holy banquet how to make Love's vict'ry known.
- 2 Turn our worship into witness in the sacrament of life; send us forth to love and serve you, bringing peace where there is strife. Give us, Christ, your great compassion to forgive as you forgave; may we still behold your image in the world you died to save.
- 3 Gracious Spirit, help us summon other guests to share that feast where triumphant Love will welcome those who had been last and least. There no more will envy blind us nor will pride our peace destroy, as we join with saints and angels to repeat the sounding joy.

GREETING

- L: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.
- C: And also with you.

PRAYER OF THE DAY

- L: Let us pray. Holy God, you confound the world's wisdom in giving your kingdom to the lowly and the pure in heart. Give us such a hunger and thirst for justice, and perseverance in striving for peace, that in our words and deeds the world may see the life of your Son, Jesus Christ, our Savior and Lord.
- C: Amen.

WORD

FIRST READING

Micah 6: 1-8

L: Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice.
Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel.

> 'O my people, what have I done to you?
> In what have I wearied you? Answer me!
> For I brought you up from the land of Egypt, and redeemed you from the house of slavery;
> and I sent before you Moses, Aaron, and Miriam.
> O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him,
> and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord.'

'With what shall I come before the Lord, and bow myself before God on high?
Shall I come before him with burnt-offerings, with calves a year old?
Will the Lord be pleased with thousands of rams, with tens of thousands of rivers of oil?
Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?'
He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

SECOND READING

1 Corinthians 1:18-31

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

'I will destroy the wisdom of the wise,

and the discernment of the discerning I will thwart.'

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, 'Let the one who boasts, boast in the Lord.'

- L: Word of God, Word of life.
- C: Thanks be to God.

GOSPEL ACCLAMATION Halle, Halle, Halle

> Halle, halle, hallelujah. Halle, halle, hallelujah. Halle, halle, hallelujah. Hallelujah. Hallelujah.

ELW p. 172

GOSPEL READING Matthew 5:1-12

- P: The Holy Gospel according to Matthew, the 5th chapter.
- C: Glory to you, O Lord.

P:

The Beatitudes

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

'Blessed are those who mourn, for they will be comforted.

'Blessed are the meek, for they will inherit the earth.

'Blessed are those who hunger and thirst for righteousness, for they will be filled.

'Blessed are the merciful, for they will receive mercy.

'Blessed are the pure in heart, for they will see God.

'Blessed are the peacemakers, for they will be called children of God.

'Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

'Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

- P: The Gospel of the Lord.
- C: Praise to you, O Christ.

CHILDREN'S MESSAGE

MESSAGE

"Wall Street Beatitudes"

HYMN OF THE DAY We Are Called

ELW 720 verses 1-3

Come, live in the light
 Shine with the joy and the love of the Lord
 We are called to be light for the kingdom
 To live in the freedom of the city of God

Refrain

We are called to act with justice We are called to love tenderly We are called to serve one another To walk humbly with God

- 2 Come, open your heart Show your mercy to all those in fear We are called to be hope for the hopeless So all hatred and blindness will be no more
 - Refrain
- 3 Sing, sing a new song Sing of that great day when all will be one God will reign and we'll walk with each other As sisters and brothers united in love *Refrain*

PRAYERS OF THE PEOPLE

L: Called together to follow Jesus, we pray for the church, the world, and all in need.

A brief silence.

L: Cultivate humility in your church. In gatherings of every size, teach us to boast only in the cross. Shape your church to be people of kindness, generosity, and justice. Merciful God,

C: receive our prayer.

- L: The foundations of the earth bear witness to your faithfulness; the mountains and hills echo with your holiness. When we mistreat your creation, show us the error of our ways. Inspire us with reverent awe to honor all you have made. Merciful God,
- C: receive our prayer.

L: You make foolish the wisdom of the world. Raise up honorable leaders who seek justice, love mercy, and pursue peace. Frustrate plans that are corrupt, wicked, and self-seeking. Prosper the work of peacemakers. Merciful God,

C: receive our prayer.

L: Bless all whom the world rejects. Accompany those who are regarded as foolish, weak, low, and despised; reveal your power and presence at work where it is least expected. Give your life, strength, and wisdom to all in need. *We pray especially for* Merciful God,

C: receive our prayer.

L: As with your people Israel, remind this congregation of your saving acts. Remind us how your faithfulness brought us through difficulties and sustained us despite our weaknesses. Establish the cross as the center of our life together. Merciful God,

C: receive our prayer.

Here other intercessions may be offered.

L: Praise to you for your blessed saints in every time and place. Trusting you accompanied them in poverty, persecution, and in every trial, we trust you abide with your people always. Merciful God,

C: receive our prayer.

L: We bring to you our needs and hopes, O God, trusting your wisdom and power revealed in Christ crucified.

C: Amen.

PEACE

OFFERTORY Sanctuary Choir

"Song of Peace"

OFFERTORY RESPONSE

We Are an Offering

We lift our voices, we lift our hands, we lift our lives up to you: we are an offering. Lord use our voices, Lord use our hands, Lord use our lives, they are yours: we are an offering. We are an offering.

OFFERING PRAYER

- P: Liberating God, you break the bonds of injustice and let the oppressed go free. Receive these offerings in thanksgiving for all your works of merciful power, and shape us as people of your justice and freedom. You we magnify and adore, through Jesus our Savior,
- C: Amen.

MEAL

GREAT THANKSGIVING

P: In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and all people for the forgiveness of sin. Do this for the remembrance of me.

THE LORD'S PRAYER

- P: Let us pray the prayer Jesus taught us:
- C: Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

INVITATION TO COMMUNION

P: The table is ready. All are welcome.

Lamb of God

ELW p. 135

ELW 546

C: Lamb of God, you take away the sin of the world; have mercy on us.Lamb of God, you take away the sin of the world; have mercy on us.Grant us peace.

RECEIVING THE MEAL

P: This is the body of Christ, broken for you. This is the blood of Christ, shed for you.

For those communing online, take the bread. This is the body of Christ, broken for you. Now take the cup. This is the blood of Christ, shed for you.

POST COMMUNION BLESSING

POST COMMUNION PRAYER

L: Let us pray: Holy One, we thank you for the healing that springs forth abundantly from this table. Renew our strength to do justice, love kindness, and journey humbly with you.

C: Amen.

FINAL BLESSING

C: Amen.

SENDING HYMN

To Be Your Presence

- To be your presence is our mission here, to show compassion's face and list'ning ear, to be your heart of mercy ever near, alleluia!
- To be your presence is our mission bold,
 to feed the poor and shelter homeless cold,
 to be your hands of justice, right uphold,

alleluia!

- 3 To be your presence is our mission blest, to speak for all the broken and oppressed, to be your voice of hope, your love expressed, alleluia!
- 4 We are your heart, O Christ, your hands and voice, to serve your people is our call and choice, and in this mission we, the church, rejoice, alleluia!

DISMISSAL

- L: Go in peace. Follow the way of Jesus.
- C: Thanks be to God.

You are invited to remain and enjoy the postlude.

Serving in Worship Today

Presiding	Rev. Steve Olson
Music Director	Ruth Bills
Altar Guild	Janell Partyka
Liturgist	Katrina Benedict
Lector	Nancy Felicetta
Soundboard Tech	Dave Larson and Paul Lathrop
Usher	Rich Feist and Jim Felicetta
Mini-bus	Dave Larson
Coffee Fellowship	Larson Family

Altar flowers are given by Kevin Ziegler in memory of Zigmund, Bonnie, and Aunt Nellie.

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Songs of Thankfulness and Prayer - Text: Christopher Wordsworth, 1807-1885, alt.

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