



Weekly Announcements

Mt. Carmel Lutheran Church

For the week of January 21, 2024

Calling of disciples at the sea

Christ revealed to as a master fisher of people

SERVING OPPORTUNITIES:

- COFFEE HOSTS
- OFFICE VOLUNTEERS
- SALTY CARMEL SERVING TEAM

The sign-up sheets for serving in our life together for upcoming months are full of opportunities We'd welcome four households for each month for Salty Carmel teams.

ANNUAL MEETING NEXT SUNDAY

The annual meeting will be held on Sunday, January 28, 2024 following morning worship.

A budget hearing will be held today after worship.

Installation of our 2024 congregation council and foundation board will be held in worship on January 11.

HEAR OUR PRAYER, O GOD

To include prayers on this list, contact the church office.

GRIEF: family and friends of Bev Lerold

HEALING: Russ Ingebretson, Dave Johnson, Kathy Halverson, Annette Dahl, Rev. Bonnie Wilcox 1st CH

HOMEBOUND & LONG-TERM CARE:

Marlene Black, Lorraine Carlson, and Annette Dahl, Gerry Johnson, Russ Ingebretson, and Dorothy Warhol

BIRTHDAY BLESSINGS:

- Jan. 23 – Lorraine Carlson
- Jan. 24 – Linda Obright

PRAYER CHAIN

To lift up a prayer concern for the prayer chain, please contact Leona Olson at 612-859-7075.

UPCOMING ADULT FORUM

Jan 21 - Budget hearing forum

Jan 28 - Annual meeting

Feb 4 – Confirmation Re-Tread #3

Feb 11 – Mardi Gras coffee fellowship

CONFIRMATION – BIBLE YEAR INTERGENERATIONAL VERSION

Confirmation and Wednesday soup suppers continue in 2024. We begin the New Testament chapters. Join us. Ask Pastor C for a copy of Manna & Mercy if you wish to read along and join us for the New Testament.

January 24 – M&M chapter 10

January 31 –

February 7 –

February 14 – ASH WEDNESDAY – New format for Lent

NOISY OFFERING

Contribute to the Global Barnyard project through

February 11: Bring your coins and place them in the green bucket. Paper money and checks also will be accepted for this meaningful mission work. This fund of the ELCA distributes goats, chickens, honeybees and other animals to people in third world countries for improved nourishment and sources for revenue to help families become more financially stable. If you have been saving a bag of loose change, bring it to church for this noisy offering. Paper money and checks will also be accepted for this purpose. We'll conclude this Souper Bowl of Caring project on February 11.

CALENDAR AT A GLANCE

SU, Jan. 21	Holy Communion, Coffee fellowship, Sunday School, Youth forum, Budget mtg
M, Jan. 22	AA, MCCC board
TU, Jan. 23	Good Fruits bible study, Scouts
W, Jan. 24	Men's bible study, Soup supper, Confirmation, Choir
F, Jan 26	Bev Lerold funeral eucharist 11 am
SU, Jan. 28	Holy Communion, Annual meeting, Sunday School, Youth forum



612-781-2796



office@mountcarmelmpls.org



www.mtcarmel.net



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MT. CARMEL METRICS

2023 Annual Budget	\$303,679.
2023 YTD budget (52 wks)	\$303,679.
2023 YTD received	\$288,329.
2023 YTD expenses	<u>\$281,960.</u>
	\$6,369.
Needed weekly	\$5,840. (annual/52 wks)
Received Jan 6	6,062.
Received Jan 14	\$4358.
2024 expenses	\$16,477.
Attendance Jan 14	57

GIVE TO PEACE HOUSE THRU FEB

The Peace House Community need heavy socks, handwarmers, gloves, and hats as well as the items below. (New and unopened items appreciated)

• Underpants (men's and women's, sizes medium to extra-large), Toothbrushes, Toothpaste, Shampoo, Conditioner, Bar soap, body wash, Wash cloths, Tampons & sanitary pads, Deodorant (men's & women's), Razors (men's & women's) and shaving cream, Individual packs of Kleenex, Body lotion, cocoa butter, Chapstick, Hair brushes, First aid kits, Band-Aids, Nail clippers

Circle of Friends will collect these items through February 2024. Find the box clearly marked for Peace House donations outside church office. Contact: Diane Langer

2024 CHURCH YEAR CALENDAR FOR YOUR ELECTRONIC CALENDAR

Download the 2024 church year calendar to add to your own desktop, calendar, or smartphone for free! Includes Sundays of the church year, holidays, appointed scripture readings. The .ics file can be imported into Google Calendar, iCal, Outlook, and other standard calendar programs. Download free from Augsburg Fortress. (Link in the weekly E-Tidings)

BOOK STUDY GROUP – FEB 8

The Mt. Carmel book study group is going strong and we invite you to join us. The books we read have left us scratching our heads and wondering how America got where it is today. The book we are reading in January, to discuss in February, is "On Tyranny: Twenty Lessons from the Twentieth Century" by Timothy Snyder. It's a short book - only 126 pages! Our next meeting is Thursday, February 8 at 6:30 in the fireside room. We welcome anyone to join us...the group is small and the conversation is lively. Please contact Barb Hollister at bjhollister@comcast.net

GOOD FRUITS BIBLE STUDY

This Bible study meets at 2:45 on Tuesday each week. For the autumn and winter seasons we will be meeting at church in the fireside room and also via zoom. If you'd like more information or the Zoom connection email onondave@yahoo.com or call 612-859-7075

PASTOR C WINTER HARMAR STEPS

We didn't get much walking done together when the weather was good.... But if you wanna walk HarMar laps with Pastor C touch base with him... Wednesdays at 9am he usually needs walking buddies... Join him for as many laps as you want... He's a good partner to keep to those new year exercise resolutions.

JANUARY WEDNESDAYS

Grab supper with friends before choir, bells or confirmation. This simple meal is free and open to the community. Wednesdays 5:30 – 6:15 in the fellowship hall. If you'd like to help contact the church office. Especially invited and expected are confirmation families, singles, choir and bell members and childcare families.

THANKS FOR YOUR GENEROSITY

Thank you for supporting our congregation with your financial contributions. There are several ways to give:

- Mail your check or drop it in our secure mailbox.
- Online by credit card or bank account. Visit mountcarmelmpls.org/give or scan the QR code for online giving opportunities.

AVAILABLE IN THE NARTHEX

- Children's worship activity bags
- Care Notes – Provided by our BeFriender ministry. Help yourself to these resources near the elevator.
- Chancel Flowers – Sign up by the elevator. \$27 each.
- Salty Carmel serving teams - Sign up by the elevator



MT CARMEL LUTHERAN CHURCH

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LARGE PRINT EDITION



HOLY COMMUNION

3 Epiphany

January 21, 2024 + 9:30 am

Calling of the disciples at the sea

Learn Live and Share God's Word

Jesus our fisherman holds us in the net of mercy

Stories of the call to discipleship continue as the time after Epiphany plays out the implications of our baptismal calling to show Christ to the world. Jesus begins proclaiming the good news and calling people to repentance right after John the Baptist is arrested for preaching in a similar way. Knowing that John was later executed, we see at the very outset the cost of discipleship. Still, the two sets of fisherman brothers leave everything they have known and worked for all their lives to follow Jesus and fish for people.

Epiphany	Dec 31 (Jan 6)	Christ revealed to the nations
Baptism	Jan 7	Christ revealed as God's beloved servant
2 Epiphany	Jan 14	Christ revealed as a charismatic leader
3 Epiphany	Jan 21	Christ revealed as a master fisher of people
4 Epiphany	Jan 28	Christ revealed as God's holy one with power
5 Epiphany	Feb 4	Christ revealed as a great teacher and healer
Transfig	Feb 11	Christ revealed as God's beloved Son

GATHERING

*The disciples urged Jesus strongly, saying,
"Stay with us, because it is almost evening and the day is now nearly over."
So he went in to stay with them.*

PRELUDE

“Send the Light”

arr. H. Livingston

At the sound of the bell please stand and face the worship leaders.

ENTRANCE HYMN

(hymn) ELW 314

“Arise, Your Light Has Come”

- 1 Arise, your light has come!
The Spirit's call obey;
show forth the glory of your God
which shines on you today.**
- 2 Arise, your light has come!
Fling wide the prison door;
proclaim the captive's liberty,
good tidings to the poor.**
- 3 Arise, your light has come!
All you in sorrow born,
bind up the brokenhearted ones
and comfort those who mourn.**
- 4 Arise, your light has come!
The mountains burst in song!
Rise up like eagles on the wing,
God's pow'r will make us strong.**

Text: Ruth Duck, b. 1947

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DIALOG & GREETING

P The people who walked in darkness have seen a great light;

C Blessed be God forever.

A The light shines in the darkness,

C And the darkness has not overcome it.

P The Word became flesh and lived among us,

C And we have beheld Christ's glory

A A voice from heaven said,

“This is my Son, the Beloved, with whom I am well pleased.”

C In the Word was life, and the life was the light of all people.

P Grace to you, and peace, from God who shines among us.

C And also with you.

HYMN OF PRAISE

(hymn) ELW 525

“You Are Holy”

twice, in canon

You are holy, you are whole.

You are always ever more than we ever understand.

You are always at hand.

**Blessed are you coming near. Blessed are you coming here
to your church in wine and bread, raised from soil, raised from
dead.**

You are holy, you are wholeness,

you are present. Let the cosmos praise you, Lord!

Sing hosanna in the highest! Sing hosanna!

Sing hosanna to our God!

Text: Per Harling, b. 1945; © 1990 Ton Vis Produktion AB,
admin. Augsburg Fortress in North America, South America, and Central America, including the Caribbean.

PRAYER OF THE DAY

P Let us pray.

Almighty God, by grace alone you call us and accept us in your service. Strengthen us by your Spirit, and make us worthy of your call, through Jesus Christ, our Savior and Lord.

C Amen.

The presider continues with words of welcome.

WORD

Then beginning with Moses and all the prophets, Jesus interpreted to them the things about himself in all the scriptures.

CHILDREN'S WORD

"Hey! Hey! Anybody Listening"

Children are invited forward; parents are welcome to come with their children.

FIRST READING

Repentance at Nineveh

Jonah 3:1-5, 10

The book of Jonah is a comedy starring a reluctant prophet who is given a one-sentence message: Nineveh will be destroyed in forty days. Much to Jonah's dismay, the people of Nineveh repent. The point of the story is to get the reader to wrestle with the question "On whom should God have mercy?"

The word of the LORD came to Jonah a second time, saying, ²Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you. ³So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. ⁴Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" ⁵And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

¹⁰When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

... Praise to Christ the Word.

C Thanks be to God.

PSALM

Psalm 62:5-12 (ICEL)

God alone is my rock and my salvation. (62:6)

A Wait, my soul, silent for God, for God alone, my hope,
C alone my rock, my safety, my refuge: I stand secure.

A God is my glory and safety, my stronghold, my haven.

People, give your hearts to God, trust always! God is our haven.

**C Mortals are but a breath, nothing more than a mirage;
set them on the scales, they prove lighter than mist.**

A Avoid extortion and fraud, the hopes they breed are nothing;

C and if you should grow rich, place no trust in wealth.

A Time and time again, God said,

“Strength and love are mine to give.”

The Lord repays us all in light of what we do.

**C Give praise to the Father Almighty;
to the Son, Jesus Christ, the Lord;
to the Spirit who dwells in our hearts;
both now and forever. Amen.**

SECOND READING

Living in the end times

1 Corinthians 7:29–31

Paul does not disapprove of marriage or other human social institutions. He does, however, want Christians to live in the present in fervent anticipation of God's future, which even now has dawned through the death and resurrection of Jesus Christ.

Paul writes to the church at Corinth:

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none,
³⁰and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, ³¹and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

... Praise to Christ the Word.

C Thanks be to God.

GOSPEL ACCLAMATION

(hymn) ELW 535

The assembly stands and welcomes the gospel, singing:

stanza 1

“Hallelujah! We Sing Your Praises”

Refrain

**Hallelujah! We sing your praises,
all our hearts are filled with gladness.**

**Hallelujah! We sing your praises,
all our hearts are filled with gladness. Repeat**

1 Christ the Lord to us said:

I am wine, I am bread,

I am wine, I am bread,

give to all who thirst and hunger. Refrain

Text: South African, tr. *Freedom Is Coming*, 1984
English text © 1984 Utryck, admin. Walton Music Corp.

GOSPEL

The calling of the disciples at the sea

Mark 1:14–20

Before Jesus calls his first disciples, he proclaims a message that becomes known as “the gospel” or good news from God. God is ready to rule our lives. Those who realize this will respond with repentance and faith.

The holy gospel according to Mark.

C Glory to you, O Lord.

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵and saying, “The time is fulfilled, and the kingdom of God has come near, repent, and believe in the good news.”

¹⁶As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea — for they were fishermen. ¹⁷And Jesus said to them, “Follow me and I will make you fish for people.”

¹⁸And immediately they left their nets and followed him. ¹⁹As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. ²⁰Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The gospel of the Lord.

C Praise to you, O Christ!

GOSPEL ACCLAMATION

(hymn) ELW 535

This hymn bookends the proclamation of the gospel.:

stanza 2

“Hallelujah! We Sing Your Praises”

Refrain

**Hallelujah! We sing your praises,
all our hearts are filled with gladness.**

**Hallelujah! We sing your praises,
all our hearts are filled with gladness. *Repeat***

**2 Now he sends us all out,
strong in faith, free of doubt,
strong in faith, free of doubt.
Tell to all the joyful gospel. *Refrain***

Text: South African, tr. *Freedom Is Coming*, 1984
English text © 1984 Utryck, admin. Walton Music Corp.

SERMON

HYMN OF THE DAY

(hymn) ELW 817

“You Have Come Down to the Lakeshore”

English verses

**1 You have come down to the lakeshore
seeking neither the wise nor the wealthy,
but only asking for me to follow.**

Refrain

**Sweet Lord, you have looked into my eyes;
kindly smiling, you've called out my name.
On the sand I have abandoned my small boat;
now with you, I will seek other seas.**

**2 You know full well what I have, Lord:
neither treasure nor weapons for conquest,
just these my fish nets and will for working. *Refrain***

**3 You need my hands, my exhaustion,
working love for the rest of the weary--
a love that's willing to go on loving. *Refrain***

**4 You who have fished other waters;
you, the longing of souls that are yearning:
O loving Friend, you have come to call me. *Refrain***

Text: Cesáreo Gabaráin, 1936-1991; tr. Madeleine Forell Marshall, b. 1946
Spanish and English text © 1979 Cesáreo Gabaráin, OCP Publications,
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APOSTLES' CREED

**A We have been made God's people through our Baptism into
Christ.**

Living together in trust and hope, we confess our faith.

**C I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary, suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.**

**On the third day he rose again; he ascended into heaven,
he is seated at the right hand of the Father,**

and he will come to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS OF INTERCESSION

each petition concludes:

... in your mercy,

C hear our prayer.

MEAL

*When Jesus was at the table with them, he took bread,
blessed and broke it and gave it to them.
Then their eyes were opened, and they recognized him.*

PEACE

P The light and peace of Christ be with you always.

C And also with you.

The assembly is invited to share God's peace with one another.

OFFERING

When bread and wine are broken and shared in the Lord's Supper an offering is gathered for the mission of the church, including the care of those in need. Please leave your offerings in the baskets in the aisles or give online. During this time, the table is set. Please stand as the offering procession reaches the chancel. Thank you for your generosity.

"I Want to Walk"

K. Thommerson

Offertory Prayer

A Let us pray together.

C God of time and eternity,
you have given your only Son,
born of Mary, to save and redeem us.
Bless us with all good things, that the works of our hands
through all the years of our lives may proclaim
the news of your redeeming love in Jesus Christ our Lord.
Amen.

GREAT THANKSGIVING

P The Lord be with you.

C And also with you.

P Lift up your hearts.

C We lift them to the Lord.

P Let us give thanks to the Lord our God.

C it is right to give our thanks and praise.

P ... and join their unending hymn: *(setting 3, p. 144)*

C Holy, holy, holy Lord, God of pow'r and might,
heaven and earth are full of your glory. Hosanna. Hosanna .
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The presider continues with the Great Thanksgiving, concluding:

Lord's Prayer (1789)

C Our Father who art heaven, hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.

**Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.**

Breaking of the Bread and Invitation to Communion

Communion

“Lamb of God”

setting 3; page 146

**C Lamb of God, you take away the sin of the world;
have mercy on us. Lamb of God, you take away the sin of
the world; have mercy on us. Lamb of God, you take away
the sin of the world; grant us peace.**

silence for reflection concludes the communion

Prayer after Communion

A Let us pray.

God of abundance, you have fed us with the presence of
Christ. Use us as beacons of light and bearers of Christ’s love
for the sake of the whole world. In Jesus’ name we pray.

C Amen.

SENDING

*That same hour they got up and returned to Jerusalem.
They told what had happened on the road and
how he had been made to known to them in the breaking of the bread.*

BENEDICTION

P May the love of Jesus Christ, the light of the world,
fill your hearts and illumine your path.

Almighty God, Father, + Son,
and Holy Spirit bless you now and forever.

C Amen.

SENDING HYMN

(hymn) ELW 810

“O Jesus I Have Promised”

stanza 1, 3, 4

**1 O Jesus, I have promised to serve you to the end;
remain forever near me, my master and my friend.
I shall not fear the battle if you are by my side,
nor wander from the pathway if you will be my guide.**

**3 Oh, let me hear you speaking in accents clear and still
above the storms of passion, the murmurs of self-will.
Now speak to reassure me, to hasten or control;
now speak and make me listen, O Guardian of my soul.**

**4 O Jesus, you have promised to all who follow you
that where you are in glory your servant shall be too.
And Jesus, I have promised to serve you to the end;
oh, give me grace to follow, my master and my friend.**

Text: John E. Bode, 1816-1874, alt.1

ANNOUNCEMENTS & DISMISSAL

A Go in peace. Christ is your light.

C Thanks be to God.

POSTLUDE

“O Jesus I Have Promised”

arr. J. Bode

You are welcomed to be seated and enjoy the postlude if you wish.



SERVING TODAY

Pastor Foy Christopherson, *presiding*

Karen Moeller, *assisting minister*

Janell Wampler, *reader*

Ruth Bills, *director of music & worship*

Chancel Choir

Dave Larson, Julie Larson, *technology*

Janell Partyka, *sacristan/altar guild*

Steve Ristuben, Wayne Halverson, *ushers*

Rich Feist, *bus ministry*

Jim and Nancy Felicetta, *coffee hosts*

Chancel flowers this weekend are given by Janell Wampler;

Happy Birthday Richard!

If you wish to donate flowers sign up in the narthex or call the church office.

Please join us for coffee fellowship in the lower level following worship.

This service is being streamed live on the internet.

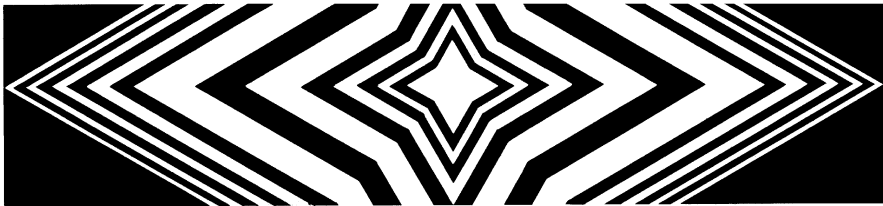
Prayer and Anointing for Healing will be offered today immediately following the postlude. Please meet Pastor C at the baptismal font.

Budget Hearing for the 2024 annual congregation budget will be held immediately following this service.

Next Sunday, **January 28, the annual meeting of the congregation** will be held immediately after worship.

Contribute to the Global Barnyard project through February 11: Bring your coins and place them in the green bucket. Paper money and checks also will be accepted for this meaningful mission work.

WELCOME



Everyone is welcome. We are a faith community participating in the life of God, a life that is a gift to us and in which we are actively engaged. That gift compels us to be actively engaged in the neighborhoods of Northeast Minneapolis as well. We are a multigenerational community that proudly celebrates our history while joining together with younger generations to follow where God is leading. We build our community through faith practices like prayer, dwelling in the Word and hospitality.

Guests are welcome. We are pleased you are worshiping with us today. If you would like more information about Mt. Carmel, please contact us at 612-781-2796, or email pastor@mountcarmelmpls.org

Children are welcome at all services. Worship bulletins for children and activity bags are available outside the sanctuary.

Welcome to the Lord’s Table. All who come seeking Jesus are welcome at the Lord’s Table. Please follow the guidance of the ushers and instructions in the order of service. During communion, ministers will bring bread and wine to you where you are seated if you require accessibility accommodation. Please inform the ushers. Communion may be received in one kind (only bread or only wine) from any station if wheat bread or alcohol presents a health concern. White grape juice is available by request at most liturgies from most communion stations.

Welcome to the Holy Baptism. All who come seeking Jesus are welcome to receive Holy Baptism. Please visit with any worship leader, staff member, hospitality volunteer, contact the church office, or complete an information card, indicating that you wish to be baptized. Our pastor will contact you.

Friends of Mt. Carmel...Stay connected

Across the country and beyond there are many people who have a soft spot in their heart for Mt. Carmel Lutheran Church – people who feel a connection both to the history and the ongoing mission of this congregation. If you’re one of them, we invite you to join a new network of Friends of Mt. Carmel. Email pastor@mountcarmelmpls.org for more information or to join.



Digital giving is available at Mt. Carmel. You can easily donate online through our website at mountcarmelmpls.org and click on **Give**. Mt. Carmel Lutheran is supported by generous people like you. Questions? Contact the church office at 612-781-2796.



Evangelical Lutheran Church in America

God's work. Our hands.

MT. CARMEL LUTHERAN CHURCH

learn, live and share God's word

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