

LARGE PRINT EDITION

HOLY COMMUNION

5 Epiphany

February 4, 2024 + 9:30 am

Jesus heals Peter's mother-in-law



Learn Live and Share God's Word

Jesus is the rest who brings us daily strength

In Isaiah it is the one God who sits above the earth and numbers the stars—it is that God who strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up to health and diakonia. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

Epiphany	Dec 31 (Jan 6)	Christ revealed to the nations
Baptism	Jan 7	Christ revealed as God's beloved servant
2 Epiphany	Jan 14	Christ revealed as a charismatic leader
3 Epiphany	Jan 21	Christ revealed as a master fisher of people
4 Epiphany	Jan 28	Christ revealed as God's holy one with power
5 Epiphany	Feb 4	Christ revealed as a great teacher and healer
Transfig	Feb 11	Christ revealed as God's beloved Son

GATHERING

*The disciples urged Jesus strongly, saying,
"Stay with us, because it is almost evening and the day is now nearly
over." So he went in to stay with them.*

PRELUDE

"Jesus Is a Rock/Precious Lord"

arr. J. Carter/T. Dorsey

At the sound of the bell please stand and face the worship leaders.

ENTRANCE HYMN

(hymn) ELW 673

“God Whose Almighty Word”

stanza 1-3

- 1 God, whose almighty word
chaos and darkness heard
and took their flight:
hear us, we humbly pray,
and where the gospel day
sheds not its glorious ray,
let there be light.**
- 2 Christ, who once came to bring,
on your redeeming wing,
healing and sight;
health to the troubled mind,
sight where illusions blind;
oh, now to humankind
let there be light.**
- 3 Spirit of truth and love,
life-giving, holy dove,
speed forth your flight;
move on the water's face
bearing the lamp of grace,
and in earth's darkest place
let there be light.**

Text: John Marriott, 1780-1825, alt.

DIALOG & GREETING

P The people who walked in darkness have seen a great light;

C Blessed be God forever.

A The light shines in the darkness,

C And the darkness has not overcome it.

P The Word became flesh and lived among us,

C And we have beheld Christ's glory

A A voice from heaven said,

“This is my Son, the Beloved, with whom I am well pleased.”

C In the Word was life, and the life was the light of all people.

P Grace to you, and peace, from God who shines among us.

C And also with you.

HYMN OF PRAISE

(hymn) ELW 525

“You Are Holy”

twice, in canon

You are holy, you are whole.

You are always ever more than we ever understand.

You are always at hand.

**Blessed are you coming near. Blessed are you coming here
to your church in wine and bread,
raised from soil, raised from dead.**

**You are holy, you are wholeness,
you are present. Let the cosmos praise you, Lord!**

Sing hosanna in the highest! Sing hosanna!

Sing hosanna to our God!

Text: Per Harling, b. 1945; © 1990 Ton Vis Produktion AB,
admin. Augsburg Fortress in North America, South America, and Central America, including the Caribbean.

PRAYER OF THE DAY

P Let us pray.

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.

C Amen.

The presider continues with words of welcome.

WORD

Then beginning with Moses and all the prophets, Jesus interpreted to them the things about himself in all the scriptures.

CHILDREN'S WORD

Children are invited forward; parents are welcome to come with their children.

FIRST READING

The Creator cares for the powerless

Isaiah 40:21-31

The Judeans in exile have a good reason to be hopeful: the one who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.

Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

²²It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;

²³who brings princes to naught,
and makes the rulers of the earth as nothing.

²⁴Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.

²⁵To whom then will you compare me,

or who is my equal? says the Holy One.

²⁶Lift up your eyes on high and see:

Who created these? He who brings out their host and numbers them,
calling them all by name; because he is great in strength,
mighty in power, not one is missing.

²⁷Why do you say, O Jacob, and speak, O Israel,

“My way is hidden from the LORD,
and my right is disregarded by my God”?

²⁸Have you not known? Have you not heard?

The LORD is the everlasting God,
the Creator of the ends of the earth.

He does not faint or grow weary;
his understanding is unsearchable.

²⁹He gives power to the faint,
and strengthens the powerless.

³⁰Even youths will faint and be weary,
and the young will fall exhausted;

³¹but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary, they shall walk and not faint.

... Praise to Christ the Word.

C Thanks be to God.

PSALM

Psalm 147:1-11, 20 (ICEL)

The LORD heals the brokenhearted. (147:3)

A How good to sing God's praise! How lovely the sound!

**C The Lord rebuilds Jerusalem and gathers the exiles of Israel,
healing the brokenhearted, binding their aching wounds.**

A God fixes the number of stars, calling each by name.

C Great is our God and powerful, wise beyond all telling.

A The Lord upholds the poor but lets the wicked fall.

C Sing thanks to the Lord, sound the harp for our God.

A The Lord stretches the clouds, sending rain to the earth,
clothing mountains with green.

C The Lord feeds the cattle and young ravens when they call.

A horse's strength, a runner's speed – they count for nothing!

A The Lord favors the reverent, those who trust in God's mercy.
Hallelujah!

C Give praise to the Father Almighty;

to the Son, Jesus Christ, the Lord;

to the Spirit who dwells in our hearts;

both now and forever. Amen.

SECOND READING

A servant of the gospel

1 Corinthians 9:16-23

God entrusted Paul with the responsibility of bringing the gospel to diverse people. Hence the focus of Paul's ministry is not his own rights or privileges as an apostle but the privilege of serving God by freely sharing the good news of Christ with others.

Paul writes to the church at Corinth:

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel!

¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so

that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

... Praise to Christ the Word.

C Thanks be to God.

GOSPEL ACCLAMATION

(hymn) ELW 535

The assembly stands and welcomes the gospel, singing:

stanza 1

“Hallelujah! We Sing Your Praises”

Refrain

**Hallelujah! We sing your praises,
all our hearts are filled with gladness.**

**Hallelujah! We sing your praises,
all our hearts are filled with gladness. Repeat**

1 Christ the Lord to us said:

I am wine, I am bread,

I am wine, I am bread,

give to all who thirst and hunger. Refrain

Text: South African, tr. *Freedom Is Coming*, 1984
English text © 1984 Utryck, admin. Walton Music Corp.

GOSPEL

The healing of Peter's mother-in-law

Mark 1:29-39

Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals them and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus.

The holy gospel according to Mark.

C Glory to you, O Lord.

As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sundown, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The gospel of the Lord.

C Praise to you, O Christ!

GOSPEL ACCLAMATION

(hymn) ELW 535

This hymn bookends the proclamation of the gospel.:

stanza 2

"Hallelujah! We Sing Your Praises"

Refrain

**Hallelujah! We sing your praises,
all our hearts are filled with gladness.**

**Hallelujah! We sing your praises,
all our hearts are filled with gladness. *Repeat***

**2 Now he sends us all out,
strong in faith, free of doubt,
strong in faith, free of doubt.**

Tell to all the joyful gospel. *Refrain*

Text: South African, tr. *Freedom Is Coming*, 1984
English text © 1984 Utryck, admin. Walton Music Corp.

SERMON

HYMN OF THE DAY

(hymn) ELW 612

“Healer of Our Every Ill”

Refrain

Healer of our ev'ry ill,
light of each tomorrow,
give us peace beyond our fear,
and hope beyond our sorrow.

- 1 You who know our fears and sadness,
grace us with your peace and gladness;
Spirit of all comfort, fill our hearts. *Refrain*
- 2 In the pain and joy beholding
how your grace is still unfolding,
give us all your vision, God of love. *Refrain*
- 3 Give us strength to love each other,
ev'ry sister, ev'ry brother;
Spirit of all kindness, be our guide. *Refrain*
- 4 You who know each thought and feeling,
teach us all your way of healing;
Spirit of compassion, fill each heart. *Refrain*

Text: Marty Haugen, b. 1950
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APOSTLES' CREED

A We have been made God's people through our Baptism into Christ.

Living together in trust and hope, we confess our faith.

**C I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body,
and the life everlasting. Amen.**

BLESSING OF SCOUTS

PRAYERS OF INTERCESSION

*Prayers are offered for the Church, the earth, the nations, and those in any need.
each petition concludes:*

... in your mercy,

C hear our prayer.

MEAL

*When Jesus was at the table with them, he took bread,
blessed and broke it and gave it to them.*

Then their eyes were opened, and they recognized him.

PEACE

P The light and peace of Christ be with you always.

C And also with you.

The assembly is invited to share God's peace with one another.

OFFERING

When bread and wine are broken and shared in the Lord's Supper an offering is gathered for the mission of the church, including the care of those in need.

Please leave your offerings in the baskets in the aisles or give online. During this time, the table is set. Please stand as the offering procession reaches the chancel. Thank you for your generosity.

"Precious Lord Take My Hand"

T. Dorsey

Offertory Prayer

A Let us pray together.

C God of time and eternity,
you have given your only Son,
born of Mary, to save and redeem us.

**Bless us with all good things, that the works of our hands
through all the years of our lives may proclaim
the news of your redeeming love in Jesus Christ our Lord.
Amen.**

GREAT THANKSGIVING

P The Lord be with you.

C And also with you.

P Lift up your hearts.

C We lift them to the Lord.

P Let us give thanks to the Lord our God.

C it is right to give our thanks and praise.

P ... and join their unending hymn: *(setting 3, p. 144)*

**C Holy, holy, holy Lord, God of pow'r and might,
heaven and earth are full of your glory. Hosanna. Hosanna .
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The presider continues with the Great Thanksgiving, concluding:

Lord's Prayer (1789)

**C Our Father who art heaven, hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.**

Breaking of the Bread and Invitation to Communion

God fills the hungry with good things.

Taste and see that the Lord is good.

Communion

"Lamb of God"

setting 3; page 146

**C Lamb of God, you take away the sin of the world;
have mercy on us. Lamb of God, you take away the sin of
the world; have mercy on us. Lamb of God, you take away
the sin of the world; grant us peace.**

silence for reflection concludes the communion

Prayer after Communion

A Let us pray.

God of abundance, you have fed us with the presence of Christ. Use us as beacons of light and bearers of Christ's love for the sake of the whole world. In Jesus' name we pray.

C **Amen.**

SENDING

That same hour they got up and returned to Jerusalem.

They told what had happened on the road and how he had been made to known to them in the breaking of the bread.

BENEDICTION

P May the love of Jesus Christ, the light of the world, fill your hearts and illumine your path.

Almighty God, Father, + Son,
and Holy Spirit bless you now and forever.

C **Amen.**

SENDING HYMN

(hymn) ELW 860

"I'm So Glad"

- 1 I'm so glad Jesus lifted me.
I'm so glad Jesus lifted me.
I'm so glad Jesus lifted me,
singing glory, hallelujah! Jesus lifted me.**
- 2 Satan had me bound, Jesus lifted me.
Satan had me bound, Jesus lifted me.**

Satan had me bound, Jesus lifted me,
singing glory, hallelujah! Jesus lifted me.

3 When I was in trouble, Jesus lifted me.
When I was in trouble, Jesus lifted me.
When I was in trouble, Jesus lifted me,
singing glory, hallelujah! Jesus lifted me.

Text: African American spiritual

ANNOUNCEMENTS & DISMISSAL

A Go in peace. Christ is your light.

C Thanks be to God.

POSTLUDE

“I’m So Glad”

arr. Aaron David Miller

You are welcomed to be seated and enjoy the postlude if you wish.

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SERVING TODAY

Pastor Foy Christopherson, *presiding*

Sinéad Carolan, *assisting minister*

Jo Alice Boatright, *reader*

Ruth Bills, *director of music & worship*

Chancel Choir

Julie Larson, Erik Ruser, *technology*

Janell Partyka, *sacristan/altar guild*

Dave Samletzka, Fred Chinquist, *ushers*
Rick Labandz, *bus ministry*
Scouts, *coffee hosts*

INQUIRERS' COFFEE TODAY

Grab a cup of coffee and sit down with Pastor C at his table in the lower level during fellowship this morning. This opportunity for conversation is held monthly (more or less) for guests or inquirers to visit about becoming more actively involved in our life at Mt. Carmel.

TODAY IS SCOUT SUNDAY

Scout Sunday is the Sunday closest to the anniversary of establishment of the Boy Scouts in the US on Feb 8, 1910. We give thanks today for all those that are involved in Scouting currently, as well as all those that have been involved in the past. The Scouts would like to thank the Mt Carmel congregation for their past and ongoing support of the Scouting programs here at Mt Carmel.

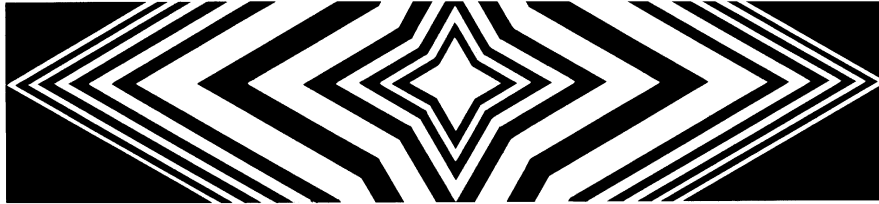
Chancel flowers this weekend are given to the glory of God.

If you wish to donate flowers sign up in the narthex or call the church office.

Please join us for coffee fellowship in the lower level following worship.

Contribute to the Global Barnyard project through February 11: Bring your coins and place them in the green bucket. Paper money and checks also will be accepted for this meaningful mission work.

WELCOME



Everyone is welcome. We are a faith community participating in the life of God, a life that is a gift to us and in which we are actively engaged. That gift compels us to be actively engaged in the neighborhoods of Northeast Minneapolis as well. We are a multigenerational community that proudly celebrates our history while joining together with younger generations to follow where God is leading. We build our community through faith practices like prayer, dwelling in the Word and hospitality.

Guests are welcome. We are pleased you are worshipping with us today. If you would like more information about Mt. Carmel, please contact us at 612-781-2796, or email pastor@mountcarmelmpls.org

Children are welcome at all services. Worship bulletins for children and activity bags are available outside the sanctuary.

Welcome to the Lord's Table. All who come seeking Jesus are welcome at the Lord's Table. Please follow the guidance of the ushers and instructions in the order of service. During communion, ministers will bring bread and wine to you where you are seated if you require accessibility accommodation. Please inform the ushers. Communion may be received in one kind (only bread or only wine) from any station if wheat bread or alcohol presents a health concern. White grape juice is available by request at most liturgies from most communion stations.

Welcome to the Holy Baptism. All who come seeking Jesus are welcome to receive Holy Baptism. Please visit with any worship leader, staff member, hospitality volunteer, contact the church office, or complete an information card, indicating that you wish to be baptized. Our pastor will contact you.

Friends of Mt. Carmel...Stay connected

Across the country and beyond there are many people who have a soft spot in their heart for Mt. Carmel Lutheran Church – people who feel a connection both to the history and the ongoing mission of this congregation. If you're one of them, we invite you to join a new network of Friends of Mt. Carmel. Email pastor@mountcarmelmpls.org for more information or to join.



Digital giving is available at Mt. Carmel. You can easily donate online through our website at mountcarmelmpls.org and click on **Give**. Mt. Carmel Lutheran is supported by generous people like you. Questions? Contact the church office at 612-781-2796.



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