

LARGE PRINT EDITION



HOLY COMMUNION

Sunday
August 4, 2024 + 9:30 am
Christ, the bread of life

Learn Live and Share God's Word

Christ comes to us as food for the journey of life

Apparently not satisfied by Jesus' feeding of thousands, some who were there press him for a sign of his power; perhaps it is daily manna they want. As always in John's gospel when people want a sign, Jesus offers himself. He is the bread come from heaven to give life to the world. He calls us to come to him and believe in him, and through that relationship to know the one who sent him.

Gathering

PRELUDE

"Create in Me A Clean Heart"

Anon.

At the sound of the bell please stand if you are able.

GATHERING DIALOG

A The trumpets sound, the angels sing, the feast is ready to begin.

P The gates of heaven are open wide,
and Jesus welcomes you inside.

L **Sing with thankfulness... songs of pure delight.**
Come and revel in... heaven's love and light.

R Take your place at the table of the King.

The feast is ready to begin;

C the feast is ready to begin.

A Tables are laden with good things;
oh, taste the peace and joy he brings.

P He'll fill you up with love divine;
he'll turn your water into wine.

L Sing with thankfulness... songs of pure delight.

Come and revel in... heaven's love and light.

R Take your place at the table of the King.

The feast is ready to begin;

C the feast is ready to begin.

A The hungry heart he satisfies, offers the poor his paradise.

P Now hear all heaven and earth applaud
the amazing goodness of the Lord.

L Sing with thankfulness... songs of pure delight.

Come and revel in... heaven's love and light.

R Take your place at the table of the King.

The feast is ready to begin;

C the feast is ready to begin.

#ELW 531 *The Trumpets Sound, the Angels Sing*
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GATHERING SONG

(hymn) **461**

"All Who Hunger, Gather Gladly"

**1 All who hunger gather gladly;
holy manna is our bread.
Come from wilderness and wand'ring.
Here in truth we will be fed.
You that yearn for days of fullness,
all around us is our food.**

**Taste and see the grace eternal.
Taste and see that God is good.**

**2 All who hunger, never strangers;
seeker, be a welcome guest.
Come from restlessness and roaming.
Here in joy we keep the feast.
We that once were lost and scattered
in communion's love have stood.
Taste and see the grace eternal.
Taste and see that God is good.**

**3 All who hunger, sing together,
Jesus Christ is living bread.
Come from loneliness and longing.
Here in peace we have been fed.
Blest are those who from this table
live their days in gratitude.
Taste and see the grace eternal.
Taste and see that God is good.**

Text: Sylvia G. Dunstan, 1955-1993
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GREETING AND GATHERING PRAYER

P Grace to you and peace from God our Creator, the love at our beginning and without end, in our midst and with us.

C **God is with us, here we find new life.**

P Let us pray.

O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord.

C **Amen.**

The presider continues with words of welcome.

Word

CHILDREN'S WORD

Children are invited forward; parents are welcome to come with their children.

FIRST READING

Manna in the wilderness *dramatized* Exodus 16:2–4, 9–15

A food crisis becomes a faith crisis for the Israelites in the wilderness. The hungry people forget God's saving work in the exodus, and they wish for the food they had in Egypt. Nevertheless, God miraculously meets their needs, with manna for bread and quail for meat.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

⁴Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

⁹Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'"

¹⁰And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. ¹¹The LORD spoke to Moses and said, ¹²I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'

¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat.

Word of God, bread of life.

C Thanks be to God.

PSALM

Psalm 78:23–29 ICEL

*God rained down manna from heaven;
so mortals ate the bread of angels. (78:24, 25)*

A God spoke from above:

The skies opened, raining down manna,

C bread from the heavens.

A God gave them plenty,

C they ate a giant's portion.

A A blistering wind from the east, a strong wind from the south

C scattered meat like driven dust

and quail like the blown sand,

falling in the middle of the camp, all around the tents.

A The people stuffed their mouths, God satisfied their greed.

C Give praise to the Father Almighty;

to the Son, Jesus Christ, the Lord;

to the Spirit who dwells in our hearts;

both now and forever. Amen.

SECOND READING

Maintain the unity of the faith

Ephesians 4:1–16

Christians share fundamental unity and diversity. Our unity consists in the one body, one Spirit, one Lord, one faith, one baptism, and one God. Our diversity is expressed in various forms of ministry, whose goal is equipping the saints and building up Christ's one body.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

⁷But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said,

“When he ascended on high he made captivity itself a captive; he gave gifts to his people.”

⁹(When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Word of God, bread of life.

C Thanks be to God.

GOSPEL ACCLAMATION

setting 4; ELW page 151

The assembly stands and welcomes the gospel, singing:

C Alleluia. Lord, to whom shall we go?

You have the words of eternal life. Alleluia.

GOSPEL

Christ, the bread of life

John 6:24–35

Many of the five thousand people Jesus fed in the wilderness continued to follow him throughout the countryside. Jesus challenges them to consider the real nature of their quest.

The holy gospel according to John.

C Glory to you, O Lord.

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” ²⁶Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.”

²⁸Then they said to him, “What must we do to perform the works of God?” ²⁹Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” ³⁰So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? ³¹Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” ³²Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world.” ³⁴They said to him, “Sir, give us this bread always.”

³⁵Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

The gospel of the Lord.

C Praise to you, O Christ.

SERMON

HYMN OF THE DAY

(hymn) ELW 485

"I Am the Bread of Life"

stanzas 1, 2, 3, 5

1 1 "I am the Bread of life.

**You who come to me shall not hunger,
and who believe in me shall not thirst.**

No one can come to me unless the Father beckons."

Refrain

**"And I will raise you up,
and I will raise you up,
and I will raise you up on the last day."**

2 "The bread that I will give

**is my flesh for the life of the world,
and if you eat of this bread,**

you shall live forever, you shall live forever." *Refrain*

3 "Unless you eat

**of the flesh of the Son of Man
and drink of his blood,
and drink of his blood,**

you shall not have life within you." *Refrain*

5 Yes, Lord, I believe

**that you are the Christ,
the Son of God,**

who have come into the world. *Refrain*

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Text: Suzanne Toolan, RSM, b. 1927, based on John 6
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STATEMENT OF FAITH *(Maori, New Zealand)*

A Let us together proclaim the faith that we share with
Christians around the world, using words of a Maori creed...

C You, O God, are supreme and holy,
You create our world and give us life,
your purpose overarches everything we do.
You have always been with us. You are God.

You, O God, are infinitely generous,
good beyond all measure.

You came to us before we came to you.

You have revealed and proved your love for us
in Jesus Christ,

who lived and died and rose again.

You are with us now. You are God.

You, O God, are Holy Spirit.

You empower us to be your gospel in the world.

You reconcile and heal; you overcome death.

You are our God. We worship you.

PRAYERS OF INTERCESSION

*Prayers are offered for the Church, the earth, the nations, and those in any need.
each petition concludes:*

...Hear our prayer, O God of grace,

C Your mercy endures forever.

finally:

P Merciful God, you look with compassion on all who turn to
you. Hear the prayers of your people.

C Grant that what we have asked in faith
we may by your grace receive;

through Jesus Christ our Lord. Amen.

Meal

PEACE

P Blessed be Christ the Prince of Peace,
C **who breaks down the walls that divide.**

P May the peace of Christ rule in our hearts.
C **May the word of Christ dwell in us richly.**

The assembly is invited to share the peace of Christ with one another.

OFFERING

When bread and wine are broken and shared in the Lord's Supper an offering is gathered for the mission of the church, including the care of those in need. Please leave your offerings in the baskets in the aisles or give online. During this time, the table is set. Please stand as the offering procession reaches the chancel. Thank you for your generosity.

"Taste and See" (hymn) cantor & congregation
all join on Refrain:

ELW 493

C **Taste and see, taste and see the goodness of the Lord.
Oh, taste and see, taste and see the goodness of the Lord,
of the Lord.**

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Presentation of the Gifts

Offertory Prayer

A Let us pray together.
C **God of all creation,
all you have made is good,
and your love endures forever.**

**You bring forth bread from the earth
and fruit from the vine.
Nourish us with these gifts,
that we might be for the world
signs of your gracious presence
in Jesus Christ, our Savior and Lord. Amen.**

The assisting minister pours out the wine.

GREAT THANKSGIVING

P The Lord is here.

C God's spirit is with us.

P Lift up your hearts.

C We lift them to the Lord.

P Let us give thanks to the Lord our God.

C it is right to give our thanks and praise.

P ... we give you thanks and sing:

setting 4, ELW p. 153

**C Holy, holy, holy Lord, Lord God of pow'r and might,
heav'n and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The presider continues with the Great Thanksgiving, concluding:

P ...

both now and forever.

C Amen.

Lord's Prayer (1789)

P As Christ teaches we pray:

**C Our Father who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.**

Breaking of the Bread and Invitation to Communion

Communion

“Lamb of God”

setting 4; ELW page 154

**Lamb of God, you take away the sin of the world; have
mercy on us. Lamb of God, you take away the sin of the
world; have mercy on us. Lamb of God, you take away the
sin of the world; grant us peace, grant us peace.**

silence for reflection concludes the communion

Prayer after Communion

A Let us pray.

**O God, we thank you for the living bread
that rains down from heaven.**

C From this feast of love

**may we carry your eternal life
as daily food for the well-being of the world;
through Jesus Christ, our Lord. Amen.**

Sending

BLESSING

P Christ, the Bread of Life, sends out all who love,
renewed by word and sacrament.

Almighty God, Father, + Son, and Holy Spirit,
be among you now and remain with you forever.

C Amen.

SENDING SONG

(hymn) ELW 618

“Guide Me Ever, Great Redeemer”

- 1** Guide me ever, great Redeemer,
pilgrim through this barren land.
I am weak, but you are mighty;
hold me with your pow'rful hand.
Bread of heaven, bread of heaven,
feed me now and evermore, feed me now and evermore.
- 2** Open now the crystal fountain
where the healing waters flow;
let the fire and cloudy pillar
lead me all my journey through.
Strong deliv'rer, strong deliv'rer,
shield me with your mighty arm, shield me with your mighty arm.
- 3** When I tread the verge of Jordan,
bid my anxious fears subside;
death of death and hell's destruction,
land me safe on Canaan's side.
Songs and praises, songs and praises,
I will raise forevermore, I will raise forevermore.

Text: William Williams, 1717-1791; tr. William Williams and Peter Williams, 1722-1796, alt.

ANNOUNCEMENTS AND SERVING OPPORTUNITIES

DISMISSAL

Please face the worship leaders for the dismissal.

A Go in peace. Feed the hungry.

C Thanks be to God.

POSTLUDE

“Diapason Dialogue”

Gordon Young

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CHRIST

THE BREAD OF LIFE

Serving Today

Pastor Foy Christopherson, *presiding*

Sinéad Carolan, *assisting minister*

Stephenie Labandz, *reader*

JoAlice Boatright, *dramatized reading*

Ruth Bills, *director of music & worship*

Karen Moeller, *gift of bread*

Anna Matthes and Matti Gurney, *technology desk*

Janell Partyka, *sacristan/altar guild*

Wayne Halverson, *usher*

Al Erickson, *bus ministry*

Myrna Flatland, *coffee hosts*

Chancel flowers this weekend are given by LuAnn Swanson
in memory of Jim.

If you wish to donate flowers sign up in the narthex or call the church office.

Please join us for coffee fellowship in the lower-level following worship.

This service is being streamed live on the internet.

*The language of our worship this summer
is based on language in the New Zealand Prayer Book.*

SERVICE OPPORTUNITIES THIS WEEK

Contact the coordinator below if you can help to accomplish these tasks:

OPPORTUNITY	COORDINATOR	DUE
Water the butterfly garden	Dave Olson	Summer opportunity
Office volunteer	Madeline	For Wed., Au 14
Summer coffee hosts	Karen Moeller	Sign up downstairs
Salty Carmel hosts	Pastor C	Sign up in narthex
MCCC Board secretary	Brenda W; C Pudney	open position
Bread of Christ month Bread bakers / buyers	Office	Aug 4 - 25
Bread of Christ month Readers: dramatized scripture readings	Office	Aug 4 - 25

Welcome

Everyone is welcome. We are a faith community participating in the life of God, a life that is a gift to us and in which we are actively engaged. That gift compels us to be actively engaged in the neighborhoods of Northeast Minneapolis as well. We are a multigenerational community that proudly celebrates our history while joining together with younger generations to follow where God is leading. We build our community through faith practices like prayer, dwelling in the Word and hospitality.

Guests are welcome. We are pleased you are worshiping with us today. If you would like more information about Mt. Carmel, please contact us at 612-781-2796, or email pastor@mountcarmelmpls.org

Children are welcome at all services. Worship bulletins for children and activity bags are available outside the sanctuary.

Welcome to the Lord's Table. All who come seeking Jesus are welcome at the Lord's Table. Please follow the guidance of the ushers and instructions in the order of service. During communion, ministers will bring bread and wine to you where you are seated if you require accessibility accommodation. Please inform the ushers. Communion may be received in one kind (only bread or only wine) from any station if wheat bread or alcohol presents a health concern. White grape juice is available by request at most liturgies from most communion stations.

Welcome to the Holy Baptism. All who come seeking Jesus are welcome to receive Holy Baptism. Please visit with any worship leader, staff member, hospitality volunteer, contact the church office, or complete an information card, indicating that you wish to be baptized. Our pastor will contact you.

Friends of Mt. Carmel...Stay connected

Across the country and beyond there are many people who have a soft spot in their heart for Mt. Carmel Lutheran Church – people who feel a connection both to the history and the ongoing mission of this congregation. If you're one of them, we invite you to join a new network of Friends of Mt. Carmel. Email pastor@mountcarmelmpls.org for more information or to join.



Digital giving is available at Mt. Carmel. You can easily donate online through our website at mountcarmelmpls.org and click on **Give**. Mt. Carmel Lutheran is supported by generous people like you. Questions? Contact the church office at 612-781-2796.



**Evangelical Lutheran
Church in America**

God's work. Our hands.

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learn, live and share God's word

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