

# LARGE PRINT EDITION



## HOLY COMMUNION

Sunday

August 18, 2024 + 9:30 am

*Christ, the true food and drink*

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Learn Live and Share God's Word

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***On the table of Christ, there is enough food for everyone***

*Wisdom prepares a feast, sets her table, and invites all to come and eat her bread and drink her wine. The first chapter of John's gospel owes much to the biblical tradition that imagined Wisdom as existing before anything was created and having a role in the work of creation. Christ, the wisdom of God (1 Cor. 1:24), today invites us to eat his flesh and drink his blood. John's gospel includes no account of the Lord's supper, but here we can't help hearing Jesus' words as an invitation to the meal of bread and wine we share.*

## Gathering

### PRELUDE

"He Is Exalted"

*Twila Paris*

*At the sound of the bell please stand if you are able.*

### CONFESSION AND FORGIVENESS

P In the name of the Father, the + Son, and the Holy Spirit.

Hear the teaching of Christ:

I am the bread that came down from heaven.

C **Spirit of God, give us this bread always.**

P God has promised forgiveness to all who truly repent,  
turn to Christ in faith and are themselves forgiving.

In silence we call to mind our sin.

*silence for reflection*

P Let us confess our sin.

**C Merciful God,  
your love compels us to come in  
though our hands are unclean and our hearts unprepared.  
We are not fit even to eat the crumbs from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
Cleanse and feed us with your word and holy supper.  
Wash away our sin  
that Christ may live in us and we in him,  
and that we may sit and eat in your kingdom. Amen.**

P Through the cross of Christ, God have mercy on you,  
pardon you and set you free. Know that you are forgiven and  
be at peace. God strengthen you in all goodness and keep you  
in life eternal.

**C Amen.**

## **GATHERING SONG**

*(hymn) ELW 819*

*“Come, All You People”*

*sung in English*

**1 Come, all you people, come and praise the Most High;  
come, all you people, come and praise the Most High;  
come, all you people, come and praise the Most High;  
come now and worship the Lord.**

**2 Come, all you people, come and praise the Savior;  
come, all you people, come and praise the Savior;  
come, all you people, come and praise the Savior;  
come now and worship the Lord.**

**3 Come, all you people, come and praise the Spirit;  
come, all you people, come and praise the Spirit;  
come, all you people, come and praise the Spirit;  
come now and worship the Lord.**

*Text: Alexander Gondo; tr. I-to Loh, b. 1936, alt.  
Text © 1986 World Council of Churches, Geneva, Switzerland, and the Asian Institute of Liturgy & Music,  
notation and English paraphrase by I-to Loh.*

## **GREETING**

**P** Grace to you and peace from God our Creator,  
the love at our beginning and without end,  
in our midst and with us.

**C** God is with us, here we find new life.

## **SONG OF PRAISE**

*(hymn)* **ELW 531**

*“The Trumpets Sound, the Angels Sing”*

*stanza 1*

**C** The trumpets sound, the angels sing,  
the feast is ready to begin.

**The gates of heaven are open wide,  
and Jesus welcomes you inside.**

**Sing with thankfulness... songs of pure delight.**

**Come and revel in... heaven’s love and light.**

**Take your place at the table of the King.**

**The feast is ready to begin; the feast is ready to begin.**

*#ELW 531 The Trumpets Sound, the Angels Sing  
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## **GATHERING PRAYER**

**P** Let us pray.

Gracious God, your blessed Son came down from heaven to be  
the true bread that gives life to the world. Give us this bread  
always, that he may live in us and we in him, and that,

strengthened by this food, we may live as his body in the world, through Jesus Christ, our Lord.

**C Amen.**

*The presider continues with words of welcome.*

## Word

### CHILDREN'S WORD

*Children are invited forward; parents are welcome to come with their children.*

### FIRST READING

*Invited to dine at wisdom's feast*

Proverbs 9:1–6

*Wisdom is portrayed as a woman who invites people to partake of her banquet. Just as ordinary food is necessary for physical life, Wisdom's food—insight and understanding—is necessary for fullness of life with God. Partaking of Wisdom's banquet is the way to life.*

Wisdom has built her house,  
she has hewn her seven pillars.

<sup>2</sup> She has slaughtered her animals, she has mixed her wine,  
she has also set her table.

<sup>3</sup> She has sent out her servant-girls, she calls  
from the highest places in the town,

<sup>4</sup> “You that are simple, turn in here!”

To those without sense she says,

<sup>5</sup> “Come, eat of my bread  
and drink of the wine I have mixed.

<sup>6</sup> Lay aside immaturity, and live,  
and walk in the way of insight.”

Word of God, bread of life.

**C Thanks be to God.**

## PSALM

Psalm 34:9–14 ICEL

*Those who seek the LORD lack nothing that is good. (34:10)*

A Live in awe of God, you saints: you will want for nothing.

**C Even if lions go hungry, those seeking God are fed.**

A Come to me, children, listen: learn to cherish the Lord.

**C Do you long for life, for time to enjoy success?**

**Keep your tongue from evil, keep lies far from your lips.**

A Shun evil, go after good, press on, seek after peace.

**C Give praise to the Father Almighty;  
to the Son, Jesus Christ, the Lord;  
to the Spirit who dwells in our hearts;  
both now and forever. Amen.**

## SECOND READING

*Filled with the Spirit*

Ephesians 5:15–20

*True wisdom integrates our new reality in Christ with our Christian fellowship and daily conduct. Because we are filled with the Spirit, Christians regularly rejoice together, give thanks to God for one another, and care for one another. In this way we revere our Lord Jesus Christ.*

Be careful then how you live, not as unwise people but as wise,  
<sup>16</sup>making the most of the time, because the days are evil. <sup>17</sup>So do not be foolish, but understand what the will of the Lord is. <sup>18</sup>Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup>as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, <sup>20</sup>giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Word of God, bread of life.

**C Thanks be to God.**

## GOSPEL ACCLAMATION

*setting 4; ELW page 151*

*The assembly stands and welcomes the gospel, singing:*

**C Alleluia. Lord, to whom shall we go?**

**You have the words of eternal life. Alleluia.**

## GOSPEL

*Christ, the true food and drink*

John 6:51–58

*In John's gospel, the feeding of the five thousand leads to extended teaching in which Jesus identifies himself as the true "bread of life." Finally, in these verses, he makes a connection that would not be understood until after his death, in light of the church's celebration of holy communion.*

The holy gospel according to John.

**C Glory to you, O Lord.**

*Jesus says,*

"I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

<sup>52</sup>The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" <sup>53</sup>So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup>Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup>for my flesh is true food and my blood is true drink. <sup>56</sup>Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup>Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup>This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

The gospel of the Lord.

**C Praise to you, O Christ.**

## SERMON

### HYMN OF THE DAY

*(hymn) ELW 484  
stanzas 1, 2 and 5*

“You Satisfy the Hungry Heart”

#### REFRAIN

**You satisfy the hungry heart  
with gift of finest wheat.**

**Come give to us, O saving Lord,  
the bread of life to eat.**

**1 As when the shepherd calls his sheep,  
they know and heed his voice;  
so when you call your fam'ly, Lord,  
we follow and rejoice. Refrain**

**2 With joyful lips we sing to you  
our praise and gratitude  
that you should count us worthy, Lord,  
to share this heav'nly food. Refrain**

**5 You give yourself to us, O Lord;  
then selfless let us be,  
to serve each other in your name  
in truth and charity. Refrain**

Text: Omer Westendorf, 1916-1997  
Text © 1977 Archdiocese of Philadelphia

### STATEMENT OF FAITH *(Maori, New Zealand)*

**A** Let us together proclaim the faith that we share with  
Christians around the world, using words of a Maori creed...

**C** You, O God, are supreme and holy,  
You create our world and give us life,  
your purpose overarches everything we do.  
You have always been with us. You are God.

You, O God, are infinitely generous,  
good beyond all measure.

You came to us before we came to you.

You have revealed and proved your love for us  
in Jesus Christ,  
who lived and died and rose again.

You are with us now. You are God.

You, O God, are Holy Spirit.

You empower us to be your gospel in the world.

You reconcile and heal; you overcome death.

You are our God. We worship you.

## PRAYERS OF INTERCESSION

*Prayers are offered for the Church, the earth, the nations, and those in any need.*

*each petition concludes:*

...Hear our prayer, O God of grace,

**C Your mercy endures forever.**

*finally:*

P Merciful God, you look with compassion on all  
who turn to you. Hear the prayers of your people.

**C Grant that what we have asked in faith  
we may by your grace receive;  
through Jesus Christ our Lord. Amen.**

## Meal

## PEACE

P Blessed be Christ the Prince of Peace,



**C who breaks down the walls that divide.**

P May the peace of Christ rule in our hearts.

**C May the word of Christ dwell in us richly.**

*The assembly is invited to share the peace of Christ with one another.*

## **OFFERING**

*When bread and wine are broken and shared in the Lord's Supper an offering is gathered for the mission of the church, including the care of those in need.*

*Please leave your offerings in the baskets in the aisles or give online. During this time, the table is set. Please stand as the offering procession reaches the chancel. Thank you for your generosity.*

### **Presentation of the Gifts**

"Let Us Break Bread Together"

Pop-Up Choir

### **Offertory Prayer**

A Let us pray together.

**C God of all creation,**

**all you have made is good,  
and your love endures forever.**

**You bring forth bread from the earth  
and fruit from the vine.**

**Nourish us with these gifts,  
that we might be for the world  
signs of your gracious presence**

**in Jesus Christ, our Savior and Lord. Amen.**

*The assisting minister pours out the wine.*

## **GREAT THANKSGIVING**

P The Lord is here.

**C God's spirit is with us.**

P Lift up your hearts.

**C We lift them to the Lord.**

**P Let us give thanks to the Lord our God.**

**C It is right to give our thanks and praise.**

**P .... we give you thanks and sing:** *setting 4, ELW p. 153*

**C Holy, holy, holy Lord, Lord God of pow'r and might,  
heav'n and earth are full of your glory. Hosanna in the  
highest. Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The presider continues with the Great Thanksgiving, concluding:*

**Lord's Prayer (1789)**

**P As Christ teaches we pray:**

**C Our Father who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
forever and ever. Amen.**

**Breaking of the Bread and Invitation to Communion**

**Communion**

**"Lamb of God"** *setting 4; ELW page 154*

**Lamb of God, you take away the sin of the world; have  
mercy on us. Lamb of God, you take away the sin of the  
world; have mercy on us. Lamb of God, you take away the  
sin of the world; grant us peace, grant us peace.**

*silence for reflection concludes the communion*

## **Prayer after Communion**

**A** Let us pray.

O God, we thank you for the living bread  
that rains down from heaven.

**C** From this feast of love

may we carry your eternal life  
as daily food for the well-being of the world;  
through Jesus Christ, our Lord. Amen.

## **Sending**

### **BLESSING**

**P** Christ, the Bread of Life, sends out all who love,  
renewed by word and sacrament.

Almighty God, Father, + Son, and Holy Spirit,  
be among you now and remain with you forever.

**C** Amen.

### **SENDING SONG**

“O Living Bread from Heaven”

**1** O living Bread from heaven,  
how well you feed your guest!  
The gifts that you have given  
have filled my heart with rest.  
O wondrous food of blessing!  
O cup that heals our woes!  
My heart, this gift possessing,  
in thankful song o'er flows.

*(hymn) ELW 542  
stanzas 1, 2, and 4*

- 2 My Savior, you have led me  
within your holiest place,  
and here yourself have fed me  
with treasures of your grace;  
for you have freely given  
what earth could never buy,  
the bread of life from heaven,  
that now I shall not die.  
bow down before your throne.**
- 4 Oh, grant me then, well-strengthened  
with heav'nly food, while here  
my course on earth is lengthened,  
to serve you, free from fear;  
and bring me home to praise you  
where none can peace destroy,  
where I will ever raise you  
glad songs in endless joy.**

Text: Johann Rist, 1607-1667; tr. Catherine Winkworth, 1827-1878, alt.

## **ANNOUNCEMENTS AND SERVING OPPORTUNITIES**

### **DISMISSAL**

*Please face the worship leaders for the dismissal.*

**A Go in peace. Feed the hungry.**

**C Thanks be to God.**

### **POSTLUDE**

**“The Trumpets Sound, The Angels Sing”**

*Graham Kendrick*

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# CHRIST

THE BREAD OF LIFE

## Serving Today

The Rev. David Olson, *presiding*

Trina Benedict, *assisting minister*

Cheryl Sundly, *reader*

Ruth Bills, *director of music & worship*

Pop-Up Choir, *summer music*

Audrey Erickson, *gift of bread*

Julie and Dave Larson, *technology desk*

Janell Partyka, *sacristan/altar guild*

Wayne Halverson, *usher*

Doug Jones, *bus ministry*

Al and Audrey Erickson, *coffee hosts*

D Foy Christopherson, *pastor*

**Chancel flowers** this weekend are given to the glory of God.

*If you wish to donate flowers sign up in the narthex or call the church office.*

*Please join us for coffee fellowship in the lower-level following worship.*

*This service is being streamed live on the internet.*

*The language of our worship this summer  
is based on language in the New Zealand Prayer Book.*

## SERVICE OPPORTUNITIES THIS WEEK

Contact the coordinator below if you can help to accomplish these tasks:

OPPORTUNITY	COORDINATOR	DUE
Water the butterfly garden	Dave Olson	Weekly opportunity
Autumn coffee hosts	Karen Moeller	Sign up downstairs
Salty Carmel hosts	Pastor C	Sign up in narthex
MCCC Board secretary	Brenda W; C Pudney	open position
Selling/donating used church equipment	Steve Panning	Autumn

## Welcome

**Everyone is welcome.** We are a faith community participating in the life of God, a life that is a gift to us and in which we are actively engaged. That gift compels us to be actively engaged in the neighborhoods of Northeast Minneapolis as well. We are a multigenerational community that proudly celebrates our history while joining together with younger generations to follow where God is leading. We build our community through faith practices like prayer, dwelling in the Word and hospitality.

**Guests are welcome.** We are pleased you are worshiping with us today. If you would like more information about Mt. Carmel, please contact us at 612-781-2796, or email [pastor@mountcarmelmpls.org](mailto:pastor@mountcarmelmpls.org)

**Children are welcome** at all services. Worship bulletins for children and activity bags are available outside the sanctuary.

**Welcome to the Lord's Table.** All who come seeking Jesus are welcome at the Lord's Table. Please follow the guidance of the ushers and instructions in the order of service. During communion, ministers will bring bread and wine to you where you are seated if you require accessibility accommodation. Please inform the ushers. Communion may be received in one kind (only bread or only wine) from any station if wheat bread or alcohol

presents a health concern. White grape juice is available by request at most liturgies from most communion stations.

**Welcome to the Holy Baptism.** All who come seeking Jesus are welcome to receive Holy Baptism. Please visit with any worship leader, staff member, hospitality volunteer, contact the church office, or complete an information card, indicating that you wish to be baptized. Our pastor will contact you.

**Friends of Mt. Carmel...Stay connected**

Across the country and beyond there are many people who have a soft spot in their heart for Mt. Carmel Lutheran Church – people who feel a connection both to the history and the ongoing mission of this congregation. If you're one of them, we invite you to join a new network of Friends of Mt. Carmel. Email [pastor@mountcarmelmpls.org](mailto:pastor@mountcarmelmpls.org) for more information or to join.

**Digital giving** is available at Mt. Carmel. You can easily donate online through our website at [mountcarmelmpls.org](http://mountcarmelmpls.org) and click on **Give**. Mt. Carmel Lutheran is supported by generous people like you. Questions? Contact the church office at 612-781-2796.





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**MT. CARMEL LUTHERAN CHURCH**

*learn, live and share God's word*

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