

LARGE PRINT EDITION



HOLY COMMUNION

Sunday

August 2, 2026 + 9:30 am

Christ feeding the five thousand

Come and See! Go and Tell!

All Are Welcome! Mt Carmel at 100 – Past Present Promise 1926 - 2026

Christ the host welcomes all to his table

In today's first reading God invites all who are hungry or thirsty to receive food and drink without cost. Jesus feeds the hungry multitude and reveals the abundance of God. At the eucharistic table we remember all who are hungry or poor in our world today. As we share the bread of life, we are sent forth to give ourselves away as bread for the hungry.

GATHERING

GATHERING MUSIC

Veelenturf/Toolan

"We Who Once Were Dead/I Am the Bread of Life"

At the sound of the bell please stand if you are able.

GATHERING SONG

(hymn) ELW 461

"All Who Hunger, Gather Gladly

1 All who hunger gather gladly; holy manna is our bread.

Come from wilderness and wand'ring.

Here in truth we will be fed.

You that yearn for days of fullness,

all around us is our food.

Taste and see the grace eternal. Taste and see that God is good.

- 2 All who hunger, never strangers; seeker, be a welcome guest.
Come from restlessness and roaming.
Here in joy we keep the feast.
We that once were lost and scattered
in communion's love have stood.
Taste and see the grace eternal. Taste and see that God is good.**
- 3 All who hunger, sing together, Jesus Christ is living bread.
Come from loneliness and longing.
Here in peace we have been fed.
Blest are those who from this table
live their days in gratitude.
Taste and see the grace eternal. Taste and see that God is good.**

Text: Sylvia G. Dunstan, 1955-1993 © 1991 GIA Publications, Inc.,
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GATHERING DIALOG

A Give glory to God, our light and our life.

C Oh, come, let us worship and praise.

A Satisfy us in the morning with your steadfast love, O God,

C that we may rejoice and be glad all our days.

**A O Lord, open my lips,
and my mouth shall proclaim your praise.**

**C Praise to the blest and holy Trinity, one God,
who gives us life, salvation, and resurrection.**

HYMN OF PRAISE

"Praise and Thanksgiving"

(hymn) ELW 689

stanzas 1 & 4

- 1 Praise and thanksgiving, God, we would offer
for all things living, you have made good:
harvest of sown fields, fruits of the orchard,
hay from the mown fields, blossom and wood.**

**4 Then will your blessing reach ev'ry people,
freely confessing your gracious hand.
Where you are reigning, no one will hunger;
your love sustaining showers the land.**

Text: Albert F. Bayly, 1901-1984, alt.
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GREETING AND PRAYER OF THE DAY

P The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.

C And also with you.

P Let us pray.

Glorious God, your generosity waters the world with
goodness, and you cover creation with abundance. Awaken in
us a hunger for the food that satisfies both body and spirit, and
with this food fill all the starving world; through your Son,
Jesus Christ, our Savior and Lord.

C Amen.

The presider continues with words of welcome.

WORD

CHILDREN'S WORD

Children are invited forward; parents are welcome to come with their children.

FIRST READING

Eat and drink what truly satisfies

Isaiah 55:1–5

*God invites Israel to a great feast at which both food and drink are free. God also
promises to make an everlasting covenant with all the people, with promises*

that previously had been limited to the line of kings. As David was a witness to the nations, these nations shall now acknowledge the ways in which God has glorified Israel.

Ho, everyone who thirsts, come to the waters;

and you that have no money, come, buy and eat!

Come, buy wine and milk without money and without price.

²Why do you spend your money for that which is not bread,

and your labor for that which does not satisfy?

Listen carefully to me, and eat what is good,

and delight yourselves in rich food.

³Incline your ear, and come to me; listen, so that you may live.

I will make with you an everlasting covenant,

my steadfast, sure love for David.

⁴See, I made him a witness to the peoples,

a leader and commander for the peoples.

⁵See, you shall call nations that you do not know,

and nations that do not know you shall run to you,

because of the LORD your God, the Holy One of Israel,

for he has glorified you.

Hear what the Spirit is saying to the churches.

C Thanks be to God.

PSALM

Psalm 145:8–9, 14–21 ICEL

You open wide your hand

and satisfy the desire of every living thing. (145:16)

A Gracious and merciful is the Lord, Slow to anger, full of love.

C The Lord is good in every way, merciful to every creature.

A The Lord is faithful in every word and gracious in every work.

C The Lord supports the fallen, raises those bowed down.

A The eyes of all to you, you give them food in due time.

C You open wide your hand to feed all living things.

A The Lord is just in every way, loving in every deed.

**C The Lord is near to those who call,
who cry out from their hearts.**

A God grants them their desires, hears their cry and saves them.

**C Those who love God are kept alive;
the wicked, the Lord destroys.**

A I will sing the Lord's praise,
All flesh will bless God's Name, holy, both now and forever.

**C Give praise to the Father Almighty;
to the Son, Jesus Christ, the Lord;
to the Spirit who dwells in our hearts;
both now and forever. Amen.**

SECOND READING

The glory of God's people in Israel

Romans 9:1–5

This begins a new section in Paul's letter in which he will deal with the place of Israel in God's saving plan. He opens by highlighting how Israel's heritage and legacy include being God's children, having God's covenants, being given God's law, participating in worship of God, and receiving divine promises.

Paul writes to the church at Rome: I am speaking the truth in Christ — I am not lying; my conscience confirms it by the Holy Spirit — ²I have great sorrow and unceasing anguish in my heart. ³For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. ⁴They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; ⁵to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Hear what the Spirit is saying to the churches.

C Thanks be to God.

GOSPEL ACCLAMATION

setting 3, ELW p. 142

The assembly stands and welcomes the gospel, singing:

C Alleluia. Lord, to whom shall we go?

You have the words of eternal life. Alleluia. Alleluia.

GOSPEL

Jesus feeds 5000

Matthew 14:13–21

After John the Baptist is murdered, Jesus desires a time of solitude. Still, his compassion for others will not allow him to dismiss those who need him, and he is moved to perform one of his greatest miracles.

The holy gospel according to Matthew.

C Glory to you, O Lord.

When Jesus heard [about the beheading of John the Baptist], he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." ¹⁶Jesus said to them, "They need not go away; you give them something to eat." ¹⁷They replied, "We have nothing here but five loaves and two fish." ¹⁸And he said, "Bring them here to me." ¹⁹Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹And those who ate were about five thousand men, besides women and children.

The gospel of the Lord.

C Praise to you, O Christ.

SERMON

HYMN OF THE DAY

(hymn) ACS 966

"Loaves Were Broken, Words Were Spoken"

- 1 Loaves were broken, words were spoken by the Galilean shore.
Jesus, Bread of life from heaven, was their food forevermore.**

Refrain

**By your body broken for us, by your wine of life outpoured,
Jesus, feed again your people. Be our Host, our Life, our Lord.**

- 2 Loaves were broken, words were spoken
in a quiet room one night.
In the bread and wine you gave them,
Christ, you came as Light from Light. Refrain**

- 3 Loaves are broken, words are spoken, as in faith we gather here.
Jesus speaks across the ages: "I am with you; do not fear!"
Refrain**

- 4 By the loaves you break and give us,
send us in your name to share
bread for which the millions hunger,
words that tell your love and care. Refrain**

Text: Herman G. Stuempfle Jr., 1923–2007
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MAORI AFFIRMATION OF FAITH

(Maori, New Zealand)

- A Let us together proclaim the faith that we share
with Christians around the world, using words of a Maori
creed.**
- C You, O God, are supreme and holy,
You create our world and give us life,
your purpose overarches everything we do.
You have always been with us. You are God.**

**You, O God, are infinitely generous,
good beyond all measure.
You came to us before we came to you.
You have revealed and proved your love for us
in Jesus Christ, who lived and died and rose again.
You are with us now. You are God.
You, O God, are Holy Spirit.
You empower us to be your gospel in the world.
You reconcile and heal; you overcome death.
You are our God. We worship you.**

PRAYERS OF INTERCESSION

*Prayers are offered for the Church, the earth, the nations, and those in any need.
each petition concludes:*

**...Hear our prayer, O God of grace,
C Your mercy endures forever.**

MEAL

PEACE

**P May the peace of Christ rule in our hearts.
C May the word of Christ dwell in us richly.**

The assembly is invited to share the peace of Christ with one another.

OFFERING

*When bread and wine are broken and shared in the Lord's Supper an offering is
gathered for the mission of the church, including the care of those in need.
Please leave your offerings in the plates as they are passed, at the usher desk or*

give online. During this time, the table is set. Please stand as the offering procession reaches the chancel. Thank you for your generosity.

“Holy Holy/Jesus Shall Reign”

Jubilate Bells

Offertory Prayer

A Let us pray together.

**C Blessed are you, God of all creation;
through your goodness we have these gifts to share.
Receive and use our gifts and offerings for your glory
and for the service of your kingdom.
Blessed be God forever. Amen.**

The assisting minister pours out the wine.

GREAT THANKSGIVING

P The Lord be with you.

C And also with you.

P Lift up your hearts.

C We lift them to the Lord.

P Let us give thanks to the Lord our God.

C it is right to give our thanks and praise.

P ...and join their unending hymn: *setting 3, ELW p. 144*

C Holy, holy, holy Lord, God of pow’r and might, heav’n and earth are full of your glory. Hosanna. Hosanna. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The presider continues with the Great Thanksgiving, concluding:

Lord’s Prayer (1789)

C Our Father who art in heaven, hallowed be thy name,

thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.

Breaking of the Bread and Invitation to Communion

Communion

“Lamb of God”

setting 3; ELW page 146

C Lamb of God, you take away the sin of the world;
have mercy on us.

Lamb of God, you take away the sin of the world;
have mercy on us.

Lamb of God, you take away the sin of the world;
grant us peace, grant us peace.

silence for reflection concludes the communion

Prayer after Communion

A Let us pray.

Most loving God, creator and redeemer,
we give you thanks for this foretaste of your glory.

C Through Christ, and with all your saints,
we offer ourselves and our lives to your service.
We ask this through Jesus Christ, the servant,
our friend and brother. Amen.

SENDING

BLESSING

P Be strengthened with the power of God, ✠ the love of Christ,
and the help of the Holy Spirit, now and forever.

C Amen.

SENDING SONG

(hymn) ELW 535

“Hallelujah! We Sing Your Praises”

Refrain

Hallelujah! We sing your praises,
all our hearts are filled with gladness.

Hallelujah! We sing your praises,
all our hearts are filled with gladness. Repeat

1 Christ the Lord to us said: I am wine, I am bread,
I am wine, I am bread, give to all who thirst and hunger. Refrain

2 Now he sends us all out, strong in faith, free of doubt,
strong in faith, free of doubt. Tell to all the joyful gospel. Refrain

Text: South African, tr. Freedom Is Coming, 1984
English text © 1984 Utryck, admin. Walton Music Corp.

ANNOUNCEMENTS & SERVING OPPORTUNITIES

DISMISSAL

A Go now to love and serve the Lord.

C Thanks be to God.

POSTLUDE

“Hallelujah! We Sing Your Praises”

arr. Freedom Is Coming

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SERVING TODAY

Pastor Foy Christopherson, *presiding*
Audrey Erickson, *assisting minister*
Stephenie Labandz, *reader*
Ruth Bills, *director of music & worship*
Jubilate Bells, *summer music*
Dave Larson, *technology desk*
Janell Partyka, *sacristan/altar guild*
Rick Sundly, Rich Feist, *ushers*
Al Erickson, *bus ministry*
Karl Breitbarth, *coffee hosts*

Chancel flowers this weekend are given by Diane Langer
in honor of Jill Davis' and Delilah Langer's birthdays!

*If you wish to sponsor a webcast or donate flowers sign up in the narthex
or call the church office.*

Please join us for coffee fellowship in the lower-level following worship.

This service is being streamed live on the internet.

Luther says... part 3

Some outrageous things Luther said and what he meant

When you have faith, you have to stick with Christ incarnate in the manger. If you want to climb higher and take a look our Lord God's work, you'll fall.

—Commentary on Isaiah 66:1

God reveals God's self in Christ Jesus, and that's where we ought to look. Without him, you'll never find anything but terror or a mirror image of yourself.

I stomp all over reason and its wisdom and say, shut up, you cursed whore! Are you trying to seduce me into committing fornication with the devil?

—Luther's last sermon in Wittenberg

Theology that serves as its own end does no one any good and ought to be condemned. But theology that serves to preach the gospel in its truth and purity is theology properly done.

Good, modest churches with low arches are the best for preachers and for listeners, for the ultimate reason for these buildings isn't the bellowing and bawling of choir members but the Word of God and its proclamation.

—Table Talk, 1581

A sanctuary right out of Better Divine Homes and Churches may be nice to look at, but if the law and gospel aren't seen and heard there it's missing the point.

Women and maidens have started baring themselves in front and back, and there isn't anyone who punishes or objects.

—Letter to Katie Luther, 1545

Things were never this bad in my day. What is this generation coming to?

I don't know any other comfort, help, or counsel for my salvation except that Christ is my mercy seat."

—Sermon on the sum of the Christian life

Sinners always want to look for something other than Christ to bring them salvation. But Luther proclaims that Christ's mercy is more than enough – it's everything.

Your manure cure didn't help me either.

—Letter to Katie Luther, 1537

Medieval home remedies for skin rashes weren't always what they were cracked up to be. Luther tried one of his wife's, and apparently it didn't work.

Quotes and commentary from **Here I Stand**, p. 156-160 © Augsburg Fortress

WELCOME

Everyone is welcome. We are a faith community participating in the life of God, a life that is a gift to us and in which we are actively engaged. That gift compels us to be actively engaged in the neighborhoods of Northeast Minneapolis as well. We are a multigenerational community that proudly celebrates our history while joining together with younger generations to follow where God is leading. We build our community through faith practices like prayer, dwelling in the Word and hospitality.

Guests are welcome. We are pleased you are worshiping with us today. If you would like more information about Mt. Carmel, please contact us at 612-781-2796, or email pastor@mountcarmelmpls.org

Children are welcome at all services. Worship bulletins for children and activity bags are available outside the sanctuary.

Welcome to the Lord's Table. All who come seeking Jesus are welcome at the Lord's Table. Please follow the guidance of the ushers and instructions in the order of service. During communion, ministers will bring bread and wine to you where you are seated if you require accessibility accommodation. Please inform the ushers. Communion may be received in one kind (only bread or only wine) from any station if wheat bread or alcohol presents a health concern. White grape juice is available by request at most liturgies from most communion stations.

Welcome to the Holy Baptism. All who come seeking Jesus are welcome to receive Holy Baptism. Please visit with any worship leader, staff member, hospitality volunteer, contact the church office, or complete an information card, indicating that you wish to be baptized. Our pastor will contact you.

Friends of Mt. Carmel...Stay connected

Across the country and beyond there are many people who have a soft spot in their heart for Mt. Carmel Lutheran Church – people who feel a connection both to the history and the ongoing mission of this congregation. If you're one of them, we invite you to join a new network of Friends of Mt. Carmel. Email pastor@mountcarmelmpls.org for more information or to join.



Digital giving is available at Mt. Carmel. You can easily donate online through our website at mountcarmelmpls.org and click on **Give**. Mt. Carmel Lutheran is supported by generous people like you. Questions? Contact the church office at 612-781-2796.



Mt Carmel Lutheran Church ELCA

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